Town of Niagara-on-the-Lake

Community Awareness

spring & summer 2011

Your guide to leisure activities for all ages in Niagara-on-the-Lake

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COMMUNITY AWARENESS

Spring & Summer 2011

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Town's Website
www.notl.org

Council agendas general Town information including frequently asked questions is available on the Town's website at www.notl.org

Please call us for all your recreation, sports, arts and culture needs or visit the Parks & Recreation section of the Town's website www.notl.org
The Community Awareness Guide is published twice yearly.
The next issue of the Guide will be the Fall & Winter issue to be distributed in late August.
If your group or organization is interested in submitting information for the Fall & Winter issue, contact the Parks & Recreation Department at lkulchar@notl.org, 905-468-4261 between May 1 & June 1, 2011

Message from the Lord Mayor

On behalf of Town Council and Staff, I am pleased to present the 2011 Spring/Summer Community Awareness Guide.

There are so many wonderful services and activities available to residents of Niagara-on-the-Lake and I am proud of the range of programs and events for people of all ages. And this year, we are eagerly awaiting the completion of our new community centre, with an official opening scheduled this spring. We know that this facility that will be cornerstone of our many programs and activities for our residents in the years to follow.

Whether you are a parent, a youth, an active senior or a resident with an interest in sports, leisure, arts and culture, or our rich heritage – it's all here in this guide. You will also find helpful contact information for area churches, organizations and local services.

Please take some time to review the guide and mark your calendar with dates for the great things happening this spring and summer in Niagara-on-the-Lake.

Lord Mayor Dave Eke

TOWN COUNCIL 2011-2014
Dave Eke, Lord Mayor

COUNCILLORS

Maria Bau-Coote	Jim Collard
Dennis Dick	Terry Flynn
Andrea Kaiser	Jamie King
Martin Mazza	Gary Zalepa Jr.

Niagara-on-the-Lake's elected officials welcome public input.
For times and locations of public meetings
or to reach a specific Councillor, please call the
Niagara-on-the-Lake Municipal Offices at 905-468-3266
or visit www.notl.org.

niagara-on-the-lake
community centre
our place to play!

Official Opening

Saturday, March 26, 2011

1:00pm

Watch for details

AMENITIES

Indoor Walking/JoggingTrack
Fitness Area
Change Rooms with Showers
Multi Purpose Auditorium/Banquet Hall
(Banquet Seating for 300 - Meeting space for 480)
Raised Stage (suitable for seminars and recitals)
Pre-School Room
Youth Room
Seniors' Room
Café Attached to Library
Outdoor Walking Trail
Outdoor Courtyard
Artificial Bowling Green
Outdoor Playground, and an
On-Site Community Centre Co-ordinator

Arts & Crafts
Badminton
Cadets
Carpet Bowling
Continuing Education
Croquet
Dance & Aerobics
Pre-School Care
Physical Fitness
Room Rentals for parties
Seniors' Drop-In
Table Tennis
Tai Chi
Teen Activities
Yoga
and much more

COMMUNITY FACILITIES

To reserve any of the community facilities contact the Parks & Recreation Office, by phone at 905-468-4261, by fax 905-468-4555, or email lkulchar@notl.org
Our office is open Monday to Friday,
8:30 AM to 12:00 Noon and 1:00 PM to 4:30 PM.

ARENAS

The Parks & Recreation Department operates both the Centennial Arena and the Meridian Credit Union Arena located in the Centennial Sportspark at 1565/1567 Four Mile Creek Road. Ice is available from early September through the first week of April. Arena floors are available for rent during the summer months for such activities as shows, dances and ball hockey.

BALL DIAMONDS

Three lit ball diamonds are located at the Centennial Sportspark in Virgil and one lit ball diamond is located at Memorial Park on King Street in Niagara-on-the-Lake. These diamonds can be reserved on a seasonal or spot booking basis.

Niagara-on-the-Lake Minor Softball

COMMUNITY CENTRES & HALLS

The Department has hall space available for rent in three locations, the New Community Centre on Anderson Lane, the Queenston Library and the Court House. At the Court House, the Grand Hall and John Drope Hall are available mid October to Mid March. Please note that the Platoff Community Centre will be closed May 31, 2011

GAZEBO

The gazebo at Queen's Royal Park can be reserved for weddings. Contact the Recreation Office at 905-468-4261 for booking details.

PARKS

A source of pride in our community are the many beautifully maintained parks. They are available to the public at no charge. No reservations are accepted at our parks, however facilities within the parks (soccer fields, ball diamonds, etc) can be reserved by calling the Parks & Recreation office at 905-468-4261.

PAVILIONS

Two pavilions are available to reserve, one is located at Memorial Park and the other is situated at the Centennial Sportsfield in Virgil. To reserve, please call 905-468-4261.

POOLS

Two outdoor pools are located in Niagara-on-the-Lake, one is in Memorial Park on King Street and the other is at the St. Davids Lions Park on York Road. Memorial Park Pool 905-468-2804 (seasonal) St. Davids Pool 905-262-5120 (seasonal)

SKATEBOARD PARK

A skateboard park is located at the Centennial Sportspark in Virgil. The facility is available for everyone to enjoy from dawn to dusk. The use of protective equipment is strongly recommended.

SOCCER FIELDS

The Parks & Recreation Department maintains four soccer fields at Memorial Park (2 regulation size and 2 mini fields) and one soccer field at Rye Heritage Park and four mini fields at the Sportspark in Virgil. To reserve, please call 905-468-4261.

TENNIS COURTS

The Recreation Department maintains tennis courts at the following locations: Memorial Park, Rye Heritage Park, Garrison Village Green Park, St. Davids Lions Park and Virgil Centennial Park. All asphalt courts are available at no charge. The omnicourt surfaced courts are available by either hourly rental fees or annual membership. Pay as you play fees are $11.00 per hour per court and annual memberships which includes a key and shoe tags are:

Junior Under 18 as of January 1, 2011 .....$35.00
Adults Single.....$75.00
Family (includes children under 18).....$ 95.00
Non Resident..... Add $20.00

Memberships can be purchased at the Parks & Recreation Office Monday to Friday during office hours starting Monday, May 2, 2011

VOLLEYBALL COURT

An outdoor volleyball court is available at no charge at Memorial Park. The court can be used on a first come first serve basis but we ask that if a group is waiting, use is restricted to one hour in length. A volleyball can be borrowed from the pool office (deposit required).

REGAL

Florist & Garden Centre

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Thinking

Spring

1616 Niagara Stone Road, Virgil

905-468-2181 • www.regalflorist.com

WADING POOL

Situated in Simcoe Park the wading pool is available from mid June to September.

AQUATIC PROGRAMS

Niagara Pool 905-468-2804 (seasonal)
St. Davids Pool 905-262-5120 (seasonal)

Niagara Pool will open for pre season lessons and limited adult and public swimming sessions Sunday June 19th. Regular pool schedules begin at both pools Friday July 1st through Labour Day weekend. Lesson registration will be held at the Arena meeting room Saturday May 28 from 9:00 AM – 11:00 AM

ADULT FITNESS - NIAGARA POOL

Enjoy fitness programs every Tuesday and Thursday 7:30 PM to 8:30 PM beginning July 5 through August 25. Cost is $4.00 per session.

YOUTH GROUP LESSONS

Two sets of lessons will be offered at Niagara Pool and session 1 lessons will be offered at St. Davids Pool. Lessons are weekdays from Tuesday through Friday.
Session 1 - Tuesday July 5 - Friday July 22;
(Both Niagara & St. Davids Pools)
Session 2 - Tuesday August 2 - Friday August 19;
(Niagara Pool Only)

SEMI PRIVATE AND PRIVATE LESSONS

These lessons offer 6 classes of instruction; 1/2 hour in length. Instructors are assigned by the pool supervisor and

lessons are set up at mutually agreed upon times. Semi private lessons are conducted with 2 or 3 swimmers per group.

LESSONS:

All fees include the cost of badge and report card.

Group Youth & Preschool $50.00
Family Maximum
(Group Lessons only) $125.00
Semi Private $75.00
Private $150.00
Advanced (Rookie, Ranger Star, Bronze Star) $60.00

POOL FEES

SEASON TICKET: Can be used at either pool; Buy a pass and save!
Fees include HST

Youth (6 17 years) & Seniors..$50.00
Adults.....$55.00
Family $100.00
Guest (1 week) $15.00

GENERAL ADMISSION:

Youth/Seniors: $2.25
Adults:.....$2.75

(PARTIAL) PRE SEASON SCHEDULE AT NIAGARA POOL ONLY SUNDAY JUNE 19th UNTIL THURSDAY JUNE 30th

SATURDAY & SUNDAY

Public Swim ..... 1:00 PM to 4:00 PM
Lane Swim..... 5:00 PM to 6:00 PM
Public Swim ..... 6:00 PM to 7:30 PM

MONDAY TO FRIDAY

Lane Swim..... 5:00 PM to 6:00 PM
Public Swim ..... 6:00 PM to 7:30 PM

REGULAR POOL SCHEDULE BEGINS AT BOTH POOLS - SATURDAY JULY 2nd

SATURDAY & SUNDAY

Lane Swim.....12:00 PM to 1:00 PM
Public Swim.....1:00 PM to 4:00 PM
Family Swim.....4:00 PM to 6:00 PM
Public Swim.....6:00 PM to 7:30 PM

MONDAY TO FRIDAY

Lessons .....9:00 AM to 12:00 Noon
Swim Team .....Tues./Wed./Thurs. 12:00 PM to 1:00 PM.
Public Swim.....1:00 PM to 4:00 PM
Instruction.....4:00 PM to 5:00 PM
Lane Swim.....5:00 PM to 6:00 PM
Public Swim.....6:00 PM to 7:30 PM

Last day St. Davids Pool Friday September 2, 2011
Last day Niagara Pool Monday September 5, 2011

SWIM TEAM

Niagara and St. Davids Pools operate a combined competitive swim team called the Electrifying Eels. We are a competitive summer swim team for swimmers of all ages and abilities . Participant must be able to swim 1 length of the pool unassisted. Practices are Tuesday and Thursday at Memorial Pool and Wednesday at St. Davids Pool, 12:00 noon to 1:00 PM . There are 5 meets throughout the summer all held Saturday mornings. Cost is $70.00 per swimmer.

Parent volunteers are required at practices and at all meets. Further information regarding swim team will be available on registration day.

Please note: This is NOT a swimming lesson; focus is to enhance swimming skills already acquired.

ADVANCED CLASSES

Bronze Medallion, Bronze Cross, CPR / First Aid, course will be offered in June 17-19 and June 24-26 if there is sufficient interest. 100% attendance (30 hrs) is required for course completion. For information and registration please contact Vi Mills at 905-468-7776 or Cathy Mills at 905-468-2242.

SPORTS PROGRAMS

ADULT RECREATIONAL SLO PITCH LEAGUE

Niagara on the Lake Adult Slo Pitch League offers recreational slo-pitch in two divisions: Mens Masters and Co-Ed Recreational Play begins in May and concludes in early September:

The Masters play on Tuesdays and Thursdays and the CoEd plays on Monday and Wednesdays.

Teams and individuals are welcome. E-mail kmckay13@gmail.com or call Ken McKay at 905-680-4544

BADMINTON – SENIOR MEN

Senior men's winter badminton runs at the Community Centre from mid-October through mid-April. Play is on Mondays and Thursdays, from 10:30 to 12:30. For information call Ted Little at 905-468-5066."

BADMINTON – LADIES

Looking for lots of laughs and exercise? Come and join us Wednesdays and Fridays 1:00 PM – 3:00 PM at the Community Centre on Platoff St. Free Parking. For information contact Yvonne Playle at 905-468-4893. Six more months with a low ceiling!

DRIVING RANGES

Niagara Sports Practice Centre
330 Eastchester 905-685-0553
Seaway Driving Range
120 Lakeshore Rd. 905-937-8788
Eagle Valley Driving Range
2334 St. Paul Ave. 905-374-2110

FLAG RUGBY, NOTL

Flag rugby is a fast paced, fun, non-contact game for boys and girls! Flag rugby is played by children ages 5 to 14. The season begins in mid-May and ends in mid-August. Practices are for one hour on Thursday evenings. Cost is $75 and that includes a full uniform and all game costs. Registration is on February 12 from 11 am to 1 pm at the Meridian Credit Union Arena. For more information about flag rugby please go to www.niagaraflagrugby.com or call Caleb Smith 905-357-9233.

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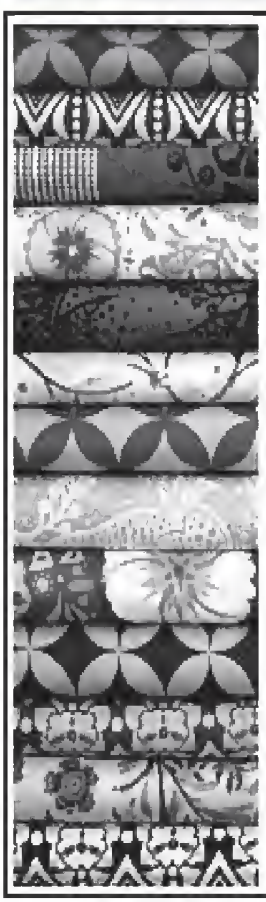
GOLF COURSES

Eagle Valley Golf Club
2334 St. Paul Ave. 905-374-2110
Heritage Woods Golf Course
1140 Airport Road 905-685-9204
Niagara-on-the-Lake Golf Club
143 Front Street 905-468-3271
Peach Trees Executive Golf
221 Niven Road 905-468-1811
Queenston Golf Club
269 Progressive Ave. 905-262-4528
Royal Niagara
1 Niagara-on-the-Green 905-685-3909
St. Davids Golf Club
22 Paxton Lane 905-262-4522

THUNDERHAWKS MINOR BOX LACROSSE

Box lacrosse is offered for boys and girls ages 4-20. The 2011 season begins in April and finishes by the middle of August. League play and practices are all weekdays (no weekends). Practices and home games are at the Centennial and MCU arenas in Virgil. Away games are played throughout the Niagara Region. Four hour volunteer time or $75.00 required per player. Registration is Saturday February 19, 2011 from 9am-1pm in the lobby of the Centennial Arena in Virgil. Come play the fastest game on two feet!!

Jr. Paperweight (20 sessions) '07-'08 ..... $75.00
Paperweight '05-'06 ..... $130.00
Tyke - Intermediate 1990-2004 ..... $225.00
Girls $160.00
Family of 3 or more $525.00
For further information contact registrar, Dawn Phillips at dawncphillips@yahoo.com



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THUNDERHAWKS MINOR FIELD LACROSSE

Practices are weeknights to coincide with box so you can play both field and box! Games are 1-day tournament format (2 games on one day) for 4 consecutive weekends with semi-final and championship tournament weekends following those regular season weekends. Season runs from the first week in April until the last weekend in May. Cost is $135.00. Registration is Saturday February 19, 2011 from 9am-1pm in the lobby of the Centennial Arena in Virgil. For further information contact registrar, Dawn Phillips at dawncphillips@yahoo.com

NIAGARA THUNDERHAWKS JR. B LACROSSE

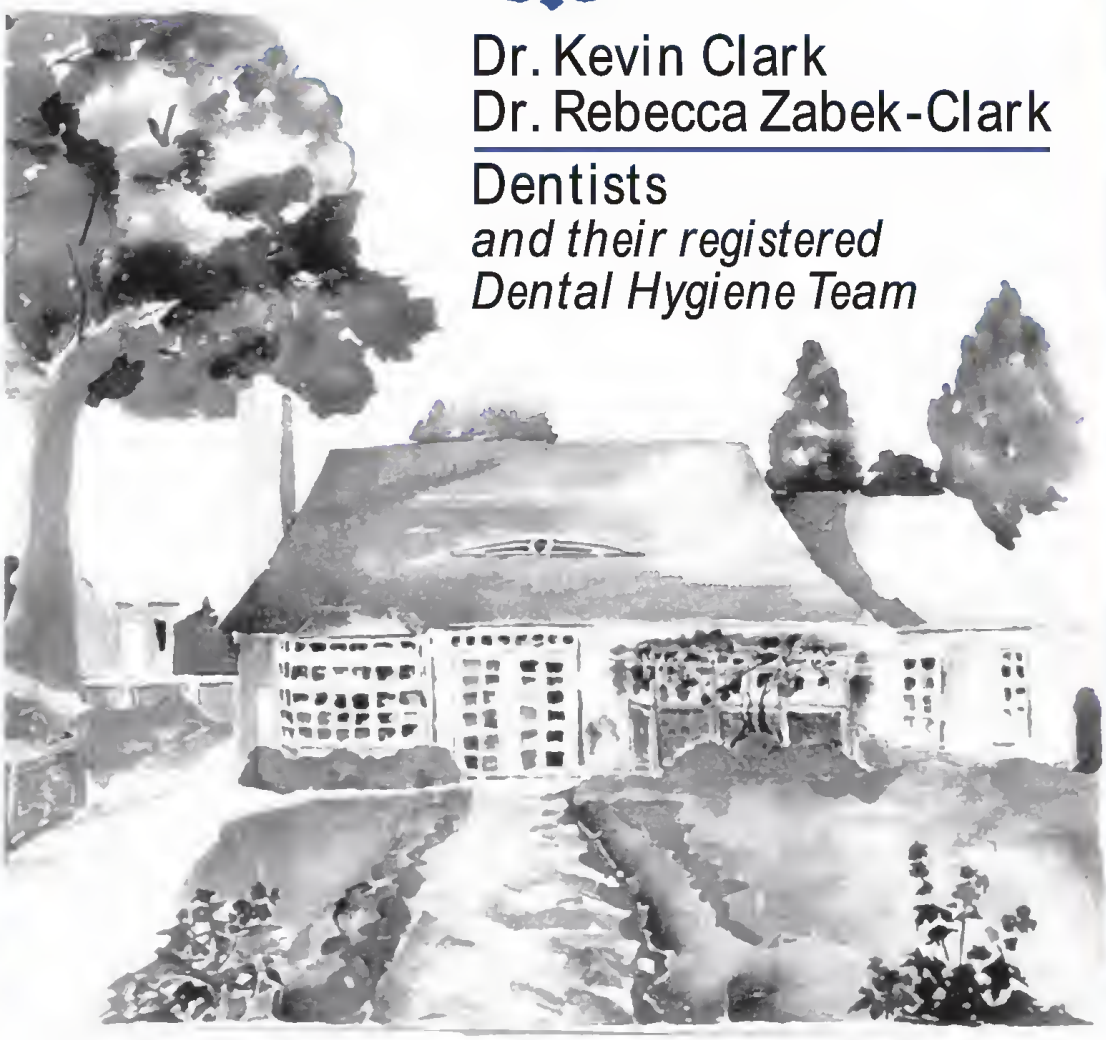
In 2003, the Niagara Thunderhawks Jr. B Lacrosse team was formed to meet a growing need for Junior Lacrosse in our area. Based on the rich history of their predecessors (Warriors) the program continues to produce quality lacrosse players. Come on out and enjoy "the fastest game on two feet" Sponsorship opportunities available. Team contact: Al Janzen – President 905-468-5814 – janzens@niagara.com

NIAGARA-ON-THE-LAKE

DENTAL

Dr. Kevin Clark
Dr. Rebecca Zabek-Clark

Dentists
and their registered
Dental Hygiene Team



369 MARY STREET • NIAGARA-ON-THE-LAKE
www.niagaradental.ca

NEW PATIENTS WELCOME
905-468-3009

HOME GAMES: 2011 SCHEDULE – MCU ARENA

DATE	TIME	OPPONENT
Sat April 30	7:00 pm	Guelph
Thurs May 19	7:30 pm	Welland
Tues May 24	7:30 pm	Six Nations
Sat May 28	7:00 pm	Elora
Sun May 29	4:00 pm	Wallaceburg
Tues May 31	7:30 pm	Spartan
Thurs June 2	7:30 pm	Welland
Thurs June 9	7:30 pm	Hamilton
Sat. June 18	7:00 pm	Sarnia
Tues June 21	7:30 pm	Six Nations

LAWN BOWLING

133 Years Old and Moving: A Club is Never Too Old to Move. Niagara on the Lake Lawn Bowling Club has been in existence since 1877 and is moving from its historic home on Regent Street to a Brand New facility at the new community centre in 2011. Besides the location, the biggest change for the club is going to be the playing surface as it is now of regulation size and artificial. Four past presidents Gerry Rive, Pat Girgenti, John Grieve and Derek Shervill tested the new green by throwing their first bowls just before Club's AGM last year. The current president Ivan Eaton and the club members are very excited and looking forward to the move. The Opening Day with its ceremonial parade led by a piper and Lord Mayor bowling the first bowl is Saturday, April 30, 2011 2:00pm. Open House will be held every Saturday at 2:00pm throughout May to allow interested people to try the game. Just bring a pair of flat-soled shoes and we will provide

bowls and gentle instruction. Regular Bowling is at 2:00pm Monday, Wednesday and Saturday; and Tuesday 6:30pm July and August bowling on Monday and Wednesday moves to 6:30pm to avoid the heat of the day. The Club offers a great social ambiance with BBQ's each month and lots of friendly members. For more information call Ivan Eaton 905-468-0028 or Sushil Arora 905-933-1678 or email info@notllbc.com website: http://www.notllbc.com

NOTL MINOR SOFTBALL

2011 Minor Softball executive President Pete Flynn, Vice President Timm Casson, Secretary Kelly Penner, Treasure Dawn Gula, Registrar Lisa Burland, Communications Jeff Vyse, Equipment Manager Brian Berg, Convenor John Read. Registration for softball will take place on SATURDAY FEBRUARY 19th 2011 AT VIRGIL ARENA 9am - 3pm. Ages will range from 1995 to 2005 that is little league to bantam , also new this year will be travel select teams in tyke, squirt, pee wee, bantam. Our softball phone # is 905-327-1620 call leave message and Pete Flynn will call you back promptly or e-mail notlsoftball@gmail.com.You can also e-mail Pete Flynn at oflynner16@yahoo.com. NOTL softball looks forward to another great summer in 2011 lots of new things planned clinics and travel teams look forward to seeing you on the diamond. Play Ball!!

Little League 2005-2006	$75.00
Tyke 2002 - 2004	$90.00
Squirt 1999-2001	$95.00
PeeWee 1996-1998	$95.00
Bantam 1992-1995	$95.00
Family Plan – 3rd & additional player	$55.00

Registration on-line
www.notlsoftball.com

NOTL MINOR SOCCER

Please join us this season and play a great team sport!

Our emphasis is on enhancing the enjoyment of soccer through skill development and fair play.

Registration will be held at Centennial Arena on Saturday, Feb. 19th 2011, 9:00am to 1:00pm, and Final Registration March 26th, 9:00 to 1:00. *Please note that spaces cannot be guaranteed after that date.*

You may also find it convenient to drop off a completed registration form to the Parks and Recreation office at the Centennial Arena, Monday to Friday 8:30 am to 12:00 noon and 1:00 pm to 4:30 pm. Blank forms can be picked up there or from our website at www.notlsoccer.org.

Those registering for House League (born in 2001 to 2006) or Interlock (born in 1997 to 2000) after April 1st will be subject to a late fee of $40 and will have their children placed on a waiting list.

The last day to register for Peanuts (born in 2007 or 2008) is April 30, 2010 after April 30, 2010 there will be a late fee of $20. The Peanut league starts on Saturday June 4, 2010 and plays for one hour on Saturday mornings as an introduction to soccer - fun being the focus.

House League is played Saturday mornings. Minor Atom (born in 2002 or 2001) will play at Memorial Park and all other divisions, Peanuts, Minor Squirt and Major Squirt (born in 2003 to 2008) will play at the Virgil arena fields. House League practices are held once per week at a NOTL field to be determined by the coach.

Interlock League (born in 1997 to 2000) will play one night during the week (to be determined amongst other clubs by the end of May) and will have one practice per week at a NOTL field to be determined by the coach. Games take place at Memorial Park or in Thorold and Fonthill.

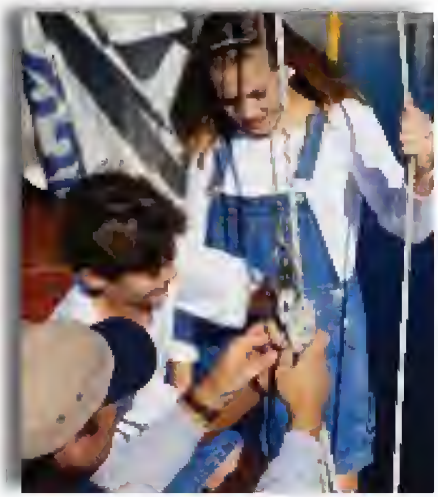
House League and Interlock will have an indoor kick-off session on Saturday May 7th at the Virgil arena. The house league season begins Saturday May 28th. We will have a fun

tournament at the Virgil Stampede. On Saturday May 21nd Minor Squirt, Major Squirts and Minor Atom will play and on Monday May 23th Major Atom and Youth will play. Please note that in an effort to create balanced house league teams the soccer club will not address particular requests for teams, coaches or practice locations (with exception to sponsors and the head coach's own children).

Fees are as follows:
Peanuts (born 2007-2008): $90
House League co-ed
(born 2001-2006): $140
Interlock Youth co-ed
(born 1997-2000): $130
Recreational Travel (Boys and Girls League – ages to be determined) $200
Family Rate: discount of 20% per child for 3 or more children will be refunded upon request.
All registrants receive a full uniform (shirt, shorts, socks), a soccer ball and a free team and individual photo.
If you are interested in sponsoring a team, joining our Board or require further information please email the Soccer Club at info@notlsoccer.org

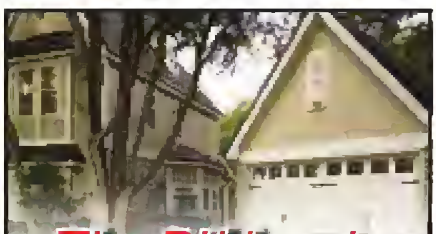
Email Contacts:
president@notlsoccer.org:
Sandy Cowan
registrar@notlsoccer.org:
Jan Van Riet and Lisa Klassen
houseleague@notlsoccer.org
Christina Galanis

NOTL SAILING CLUB
JUNIOR SAILING PROGRAM
2011
Boats & equipment provided
July Session: July 5 – 29 &
August Session: August 2 – 26
CYA Certificate Courses Offered
White Sail Levels I, II & III
$650.00/4 week session
Bronze Sail Levels IV & V
$750.00/4 week session
Silver Sail *8 weeks required for certification* $800.00/4 week session
Gold Sail, other options and Adult Lessons available upon request please contact the club for information. Each session is four weeks Monday thru Friday from 9:00 am – 4:00 pm
Space is limited. Registration will begin April 4. Please contact Barb at the NOLSC Office 905-468-3966 or nolsc@niagarasailing.on.ca



NIAGARA-ON-THE-LAKE
TENNIS ASSOCIATION
1970 – 2011

Join a club full of tradition and ambition for the future. Join NOTL Tennis. Niagara-on-the-Lake is one of the earliest established centers of tennis playing in Canada. From 1895 to 1914 it was the site for the holding of the Canadian Open Tennis Championship. The current NOTL Tennis, in 2010, celebrated its 40th year since its foundation in 1970. This year we are celebrating the 25th anniversary of the opening of tennis courts at the Memorial Park in NOTL. These landmark dates represent tradition.
We are enthusiastic about our tennis at NOTL Tennis and welcome new and experienced players. Players can participate in various singles, doubles and mixed doubles games. There are 4 omni-surface courts at Memorial Park. Ambition is shown by the large and active coaching Programmes which is promoted and supported by NOTL Tennis (see separate section for adult and junior programmes).
Tennis is within easy financial reach for all residents of NOTL and the surrounding area.
Get in the Game and join over 300 active adult and 170 junior players!
For more NOTL Tennis Information: see the website www.tennisniagara.com or call President: Ian Waddell, 905-468-0360, Janice Schachtschneider, 905-468-7230 or Rosemary Goodwin at 905-468-5503 for membership and programme information.



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NOTL JUNIOR TENNIS PROGRAM - Memorial Park

Goal: Junior players will develop their skills as well as a life-long passion for tennis. Progressive Quick Start Tennis is used; the racquet size, type of balls and even the height of the net is adapted for less experienced kids for instant success!

• 8 WEEK SPRING PROGRAM - MAY and JUNE
Register for 1, 2 or 3 days a week (Tues, Thurs, Sun)
1 Day a week: $100 (8 lessons) ,
2 Days a week: $180 (16 lessons),
3 Days a week: $240 (24 lessons)
Smashers: 4-7 yrs Tues and/or Thurs at 4 pm, Sunday at 10 am (Sun spring only)
Rookies: 8-12 yrs Tues and/or Thurs at 5 pm and/or Sunday at 11am (Sun spring only)
Junior Varsity: 11-18 yrsTues and/or Thurs at 5pm and/or Sunday at 11am (Sun spring only)
Thurs May 5, 12, 19, 26 June 2, 9, 16, 23, Sun May 8, 15, 22, 29 June 5, 12, 19, 26, Tues May 10, 17, 24, 31 June 7, 14, 21, 27

• 8 WEEK SUMMER PROGRAM - JULY and AUGUST
Register for 1 or 2 days a week (Tues, Thurs)
1 Day a week (Tues or Thurs) $100 (8 lessons), 2 Days a week (Tues and Thurs) $180 (16 lessons)
Smashers: 4-7 yrs-4pm to 5pm
Rookies: 8-12 yrs-5pm to 6pm
Tues: July 5, 12, 19, 26 Aug 2, 9, 16, 23, Thurs: July 7, 14, 21, 28 Aug 4, 11, 18, 25

• Junior Varsity: 11-18yrs
Register for 2 days a week
1.5 Hr Lessons-Mon and Wed-4:30-6pm,
(8 weeks, 24 hrs of instruction) $240
Mon: July 4, 11, 18, 25 Aug 8, 15, 22, 29, Wed: July 6, 13, 20, 27, Aug 3, 10, 17, 24
Team Tennis-Fri 5-6pm July 8, 15, 22, 29, Aug 5, 12, 19, 26
For Junior Varsity Players or invitation only: $80, *Fees for all sessions include prizes, certificate and party
Registration: Sat March 26, 10am-1pm at the Virgil Arena, Registration Forms can also be picked up and dropped off at the Arena , For information, contact Charlene Juras, Junior Program Director at 905-262-5355 charlene.juras@sympatico.ca or Shawna Macfarlane, Director of Instructional Programs at 716-531-5862 or addintennis@gmail.com
No Refunds after May 1 (Spring Session) and July 1 (Summer Session)
Website: www.tennisniagara.com

Niagara-on-the-Lake Junior Tennis

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TENNIS 101 AND 102
LEARN AND PLAY

We teach the basics of the game to all ages, quickly and easily in a fun, active, and encouraging environment. A great social outlet, not to mention an all-over workout burning an average 498 calories an hour, tennis is where fun and fitness meet. This is probably why so many adults are returning to the sport, or picking it up for the first time. If you've never touched a tennis racquet before, don't worry! Classes Times: Tuesday, Thursday, Saturday, and Sunday starting in May.

GO TENNIS

We get you Going On the Court! Go Tennis includes a short dynamic warm-up, a cardio workout, and a cool down play phase. NOTL Tennis Instructional Team will find a way to keep players moving and challenge all levels while having FUN! (Some Tennis Experience Required)
Fun, Group Activities, Improve Your Tennis Skills, Meet New Players, Non Stop Movement.
Class Times: Sunday Morning 9:00am First Class May 1st.
Contact Information: Sarah Chapman - Coaching Director: schapmanjay@yahoo.ca
Shawna Macfarlane - Director of Instructional Programs: 716-531-5862 or addintennis@gmail.com
NOTL Tennis Club at Memorial Park
website: www.tennisniagara.com

NOTL ADULT TENNIS INSTRUCTION:
TENNIS 101 and 102 Learn and Play

In Tennis 101 and 102, we teach the basics of the game to all ages, quickly and easily in a fun, active, and encouraging group environment. A great social outlet, not to mention an all-over workout burning an average 498 calories an hour, tennis is where fun and fitness meet. This is probably why so many adults are returning to the sport, or picking it up for the first time. If you've never touched a tennis racquet before, don't worry!

Spring Class Times: Tennis 101 and 102
Learn and Play

Tennis 102: Tues.-May 10, 17, 24, 31: 6-7pm,
Tennis 102: Tues.-June 7, 14, 21, 28: 6-7pm
Tennis 101: Thurs.-May 5, 12, 19, 26: 6-7pm
Tennis 101: Thurs.-June 2, 9, 16, 23: 6-7pm

Aerobics Without Bounce Fundraiser

Niagara-on-the-Lake Tennis Association

Tennis 101: Sat.-May 7, 14, 21, 28: 10-11am
Tennis 101: Sat.-June 4, 11, 18, 25: 10-11am
Tennis 101 & 102: Sun.-May 8, 15, 22, 29: 12-1pm
Tennis 101 & 102: Sun.-June 5, 12, 19, 26: 12-1pm

GO TENNIS...Niagara on the Lake Tennis Club

Go Tennis includes a short dynamic warm-up, a cardio workout, and a cool down play phase. NOTL Tennis Instructional Team will find a way to keep players moving, improving, challenged while having FUN! (Some Tennis Experience Required) ($10 fee/class)
Go Tennis Schedule: (Sundays) May 1: Early Bird Warm Up-10:00am Start, May 8, 15, 22, 29: Sunday - 9:00am, June 5, 12, 19, 26 Sunday - 9:00am, July, August, September, October: 9:00am-10:30am

SOCCER CAMP

Sure Shot Soccer Camps provide a fun skill development program for kids ranging in age from 5-14. Held at the beautiful facilities at Memorial Park in the old town, the program provides a wealth of soccer and sport related activities designed to allow each player to develop skill and confidence while competing at their own level. Part of the daily program also allows the kids the opportunity to swim and enjoy the pool facilities at Memorial. The program runs July 11-15 and August 8-12 from 9:00 AM -4:00 PM . Join the many other happy campers who have enjoyed this fun camp!! Register early to avoid disappointment. Cost of the camp is $150.00 per week. For more information contact Ken Lamb 905-262-0032, or email klambchops@cogeco.ca

FITNESS PROGRAMS

ACTIFITY

Fitness for women with Lynn Hunter-Hope will commence the spring session on Thursday March 31st at the Community Centre, Platoff Street in Niagara-on-the-Lake. The hour long class includes low impact cardio-vascular, flexibility and strength training exercises. These classes will be held Mondays and Thursdays from 9:00 to 10:00 a.m. for 8 weeks. Please call Lynn Hunter-Hope at 905-688-9311 to register.

AEROBICS WITHOUT BOUNCE – FUNDRAISER FOR THE NEW COMMUNITY CENTRE, ANDERSON LANE

A total body workout that utilizes every part of your body without jarring and straining your joints allowing you to get in shape quickly and safely. Balance ball, small weights and band exercises will be incorporated.
1st session January 10 – March 17. Monday's & Thursday's 7:00 PM – 8:00 PM - 20 classes
2nd session March 21 – June 2 Monday's & Thursday's 7:00 PM – 8:00 PM – 20 classes
(no classes April 25 & May 23)
NOTE: Monday's (at NOTL Community Centre, Plattoff St, NOTL) and Thursday's (The Queenston Library, 32 Queenston St., Queenston), $50.00 per session.
Tax deductible receipts issued.
Proceeds to be donated to the New Community Centre that is being built on Anderson Lane, beside the Library in NOTL. Great way to get fit and have fun. Equipment required: Yoga mat, large and small exercise balls. Ages Young adult to seniors. To Register, please call 905-468-4261 Please leave message or email at lkulchar@notl.org.

BALANCE FITNESS STUDIO

A co-ed fitness studio at our 7400 square foot newly renovated location with state of the art cardio and weight equipment, along with 35 hours of fitness classes ranging from pilates, yoga and spin to aerobics and body sculpting there is something for everyone. Let Balance help you achieve your healthiest year yet, with our personal trainers, nutritional consulting, massage and physiotherapy. We are also pleased to announce our "8 Week Challenge" is lightening up Canadians one challenge at a time. If you would like further information please visit our website at www.8weekchallenge.ca. Let us help you surpass your goals for 2011. Please contact us at 905-468-5007 or visit our website at www.BalanceFitnessStudio.ca or stop in for a tour at 504 Line 2, just off Highway 55.

CURVES 30 MINUTE FITNESS

Curves provides women with a complete cardio and strength training workout in just 30 minutes, 3 times per week; burning up to 600 calories each workout with our new state of the art system, Curves Smart. Curves new location in Virgil offers unique new classes incorporating Zumba Fitness with our already effective circuit. Your Curves membership is valid at over 10,000 locations, worldwide. Whether you are ready to start losing weight, need to boost your metabolism, or just want to learn more about healthy eating, Curves offers a Weight Management plan to help you succeed. Check out our interactive Circuit, watch how we have added Zumba fitness, hear what our members are saying and learn about a Special Offer, simply go to www.curves.com , book a free tour and fitness assessment, call or drop by. Contact 905-468-9900, 1547 Niagara Stone Road, Virgil, located between Phil's Valu Mart and Niagara Motors

FIFTY PLUS FITNESS

Classes are held Mondays and Thursdays from 9:15 AM to 10:15AM at Bethany Mennonite Church gym, 1572 East & West Line, Virgil. One complimentary class! For more information call Eva at 905-356-2721.

FITNESS FOR WOMEN OVER 60

This program is held every Tuesday and Thursday from 9:00 AM to 10:00 AM at the Queenston Library. 10 week sessions are held continuously during the school year. For information please phone the instructor, Dagmar, at 905-356-5372.

JUST FOR GUYS
30 MINUTE FITNESS

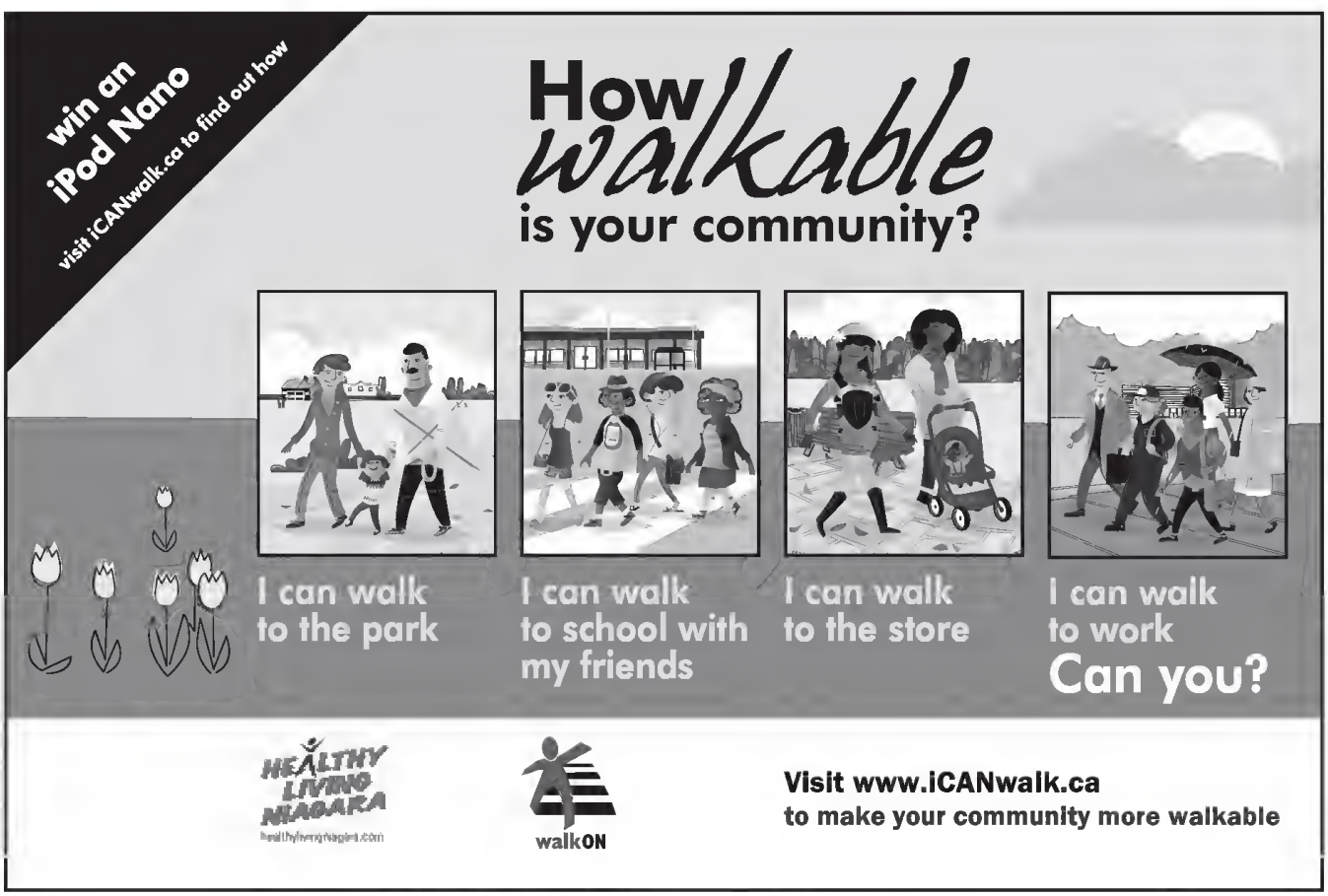
Just for Guys provides men with a complete cardio and strength training workout in just 30 minutes, 3 times per week; burning up to 600 calories each workout. Just for Guys is the solution for all fitness levels, and ages from 9 to 99; for the busy executive looking for an effective, express workout to fit into his schedule, utilizing hydraulic resistance which is the safest form of strength training; perfect for those recovering from an injury, the older population and even those younger and new to fitness. The circuit is monitored by a trained Circuit Coach to ensure proper form is maintained and to keep your motivation high. Just for Guys offers free nutritional guidance to compliment your workout. Check out our Circuit, hear what our members are saying and learn about a Special Offer, simply go to www.justforguys30-minutefitness.com or book a free tour and fitness assessment, call or drop by. Contact (905) 468-4545, 1547 Niagara Stone Road, Virgil, located between Phil's Valu Mart and Niagara Motors.

TAI CHI – AUTUMN LEAF
24 FORM

This simplified 24-Form Tai Chi is the official tai chi form in China. The great tai chi masters created it with emphasis on exercise and not martial arts, to improve the general health of the population in China. This Form is characterized by its upright stance, broad open positions, graceful lines and a smooth even pace of movement. Performed by young and old alike for strength, flexibility, balance and health, this simplified 24-Form is the most popular tai chi form worldwide. Join our Autumn Leaf group for instruction and practice every Monday from 1:15 to 2:45 p.m. at the Community Centre. For more information, please ring Jean Bullock at 905-468-9034 or Instructor Molly Yimlei Yep at 905-262-0366.

TAOIST TAI CHI SOCIETY
OF CANADA

Taoist Tai Chi™ internal arts of health is an ancient Chinese exercise system designed to improve health and promote relaxation. Consisting of a sequence of slow continuous move-



ments, this art is particularly effective in reducing tension and returning the body to a healthier and more energetic state. Classes are taught by accredited volunteer instructors of the Taoist Tai Chi Society of Canada. New beginner classes start regularly. Please call 905-935-7583 or visit www.taoist.org/niagara for dates and times.
www.taoist.org

TAI CHI- WHITE WING GROUP

This friendly group of people meet each Wednesday and Friday morning from 10:00 a.m. to 11:30 a.m. at the Community Center on Platoff Street. If you are familiar with this ancient Chinese art and enjoy the health benefits, we welcome you to join us for practice. For additional information, call Diana Hepburn at 905-468-3836 or Maura Parks at 905-468-4694.

WHITE OAKS

Join the club and enjoy yoga, pilates, group exercise, squash, racquetball, energy and endurance labs, a private women's only gym, daycare, one on one training all as part of your membership. Six indoor tennis courts, multi-purpose gym, sports training facility, fabulous locker rooms and indoor pool enhance your experience. Our programs set you up for success. Junior Racquet program is nationally acclaimed in both tennis and squash. Call 905-688-6800 for details or www.whiteoaksclub.com

YOGA FOR YOU!

Take time out for yourself! Enjoy Hatha Yoga classes in NOTL. This class is designed with you in mind! Each yoga position can be modified to suit your needs. By taking yoga classes you will gently tone and strengthen your body, as well as increase your flexibility and range of motion. You will stimulate your concentration and awareness, and improve your co-ordination and balance. Find your inner peace! Join us for an eight week session, or drop in for a class. For information, place and times call Rachel Burrows 905-468-9683.

YOGA NIAGARA

Yoga classes held weekly at the Queenston Library in the village of Queenston. Gentle & moderate Yoga classes are taught by a Certified Yoga teacher. Costs, times, dates and location on Goggle Maps, can be found at www.yoganiagara.ca call or e-mail Tim@yoganiagara,ca 905-932-YOGA (9642)

YOGA WITH YVONNE

An exploration of the basic yoga postures, developing awareness of the breath, the body and our connection with the ground. A gentle approach to yoga, suitable for beginners and people over 50. For information call Yvonne Rahn at 905-468-YOGA 905-468-9642.

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Niagara Long Term Care Residence is designed to ensure the comfort and safety of our residents in a home-like environment. Our well appointed amenities and host of recreational activities provide for a warm and friendly atmosphere, while the services of our skilled and caring staff enhance your quality of life with our high standard of personal service. Our programs are individually tailored to provide the lifestyle that best suits your needs so you can enjoy your retirement years with the comfort, dignity and peace of mind you deserve.

Chateau Gardens Niagara Long Term Care Residence is owned and operated by Chartwell Seniors Housing REIT, a company known for its excellence in accommodation, support and service, and whose mission it is to provide Canadian seniors with a safe and rewarding lifestyle in a residence they would be proud to call home

COMMUNITY SUPPORT SERVICES OF NIAGARA

Community Support Services of Niagara is a not-for-profit agency providing comprehensive support services to help seniors and adults with disabilities live independently in their own homes.

SERVICES PROVIDED:

- Homemaking* – Light cleaning, laundry, some shopping and light meal preparation.
- Home Maintenance & Repair* – Minor repairs, yard work, snow removal, etc.
- Phone Chat – Regular volunteer phone call to check on the well being of the client.
- Safety at Home – Free home assessment and recommendations for falls preventions including installation of grab bars.
- Transportation* – To medical appointments, banking, errands, etc.
- Volunteer Visiting – Weekly volunteer visits for mutually enjoyable activities.

* Reasonable fee charged for these services.

New volunteers are always needed for our Transportation, Volunteer Visiting and Phone Chat programs.

For more information or to volunteer, please call 905-682-3800.

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E-mail: cssn@cssn.on.ca

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Meals on Wheels is a non-profit volunteer service providing home delivery of hot and/or frozen nutritious, well balanced meals to senior citizens, convalescents and physically or mentally-challenged persons. Frozen meals ($5.25 ea) are selected by clients from a five week cycle of menus, and are delivered each Tuesday afternoon. Hot meals ($5.00 ea) are prepared at the Greater Niagara General Hospital and are delivered Monday to Friday over the noon

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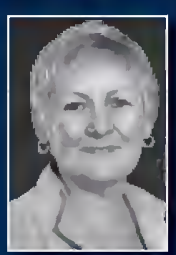
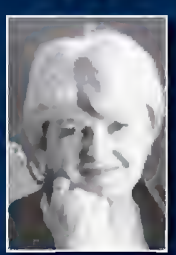
NIAGARA-ON-THE-LAKE OFFICE

Patricia Atherton
Sales Representative



Victoria Bolduc
Sales Representative



Viviane Elltoft
Sales Representative

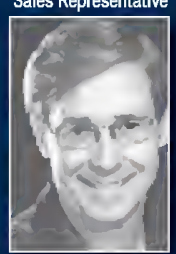
Kim Elltoft
Sales Representative

Thomas Elltoft
Sales Representative

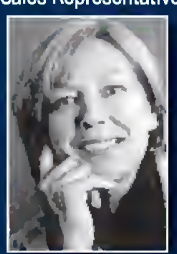
Sarah Gleddie
Sales Representative

Bonnie Grimm
Sales Representative

Doug Snider
Broker



Ralph Tallman
Sales Representative



Audrey Wright
Sales Representative

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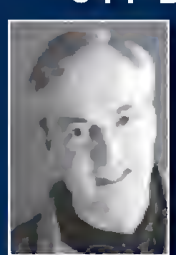
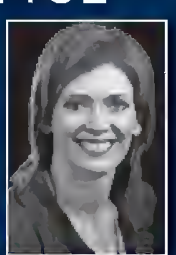


Randall Armstrong
Broker

Trish Badham
Sales Representative



Cheryl Carmichael
Sales Representative

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hour. Clients do not have to receive delivery every day, but the schedule must be for the same days each week. Personal contact and a check on the well being of the client are also an invaluable part of the service. For further information call 905-356-9194.

NIAGARA-ON-THE-LAKE GOLDEN AGE CLUB

The Niagara-on-the-Lake Golden Age Club was inaugurated in 1967 to Provide recreational facilities for persons 50 years and over. The Club is open every Tuesday from 10:00AM to 4:30PM at the Community Centre, Platoff St. Euchre begins at 1:30PM. Arrangements can be made for chess, bridge, cribbage or cards of your choice. Arrangements can also be made for Table Tennis from 10:00AM to 12:00 noon (contact John or Jean Grieve at 905-468-0089). Drop in for a friendly conversation and refreshments.

Luncheons (pot luck or catered). The annual membership fee is $10.00. A great way to make new friends and transportation can be arranged. For information contact Lois Cranston at 905-468-3171 or Lois Wormsbecher at 905-468-1892.

PLEASANT MANOR RETIREMENT VILLAGE

Pleasant Manor Retirement Village provides the community of Niagara-on-the-Lake and surrounding areas with a continuum of quality care for our seniors. While Pleasant Manor serves seniors from a variety of backgrounds, its philosophy of operation is based on the Christian and ethnic principles unique to the Mennonite beliefs and ethnicity. For more information, contact Pleasant Manor at 905-468-1111.

Alzheimer Coffee Break Pleasant Manor

UPPER CANADA LODGE

An 80 Bed Long Term Care facility IAn 80 Bed Long Term Care facility located at 272 Wellington St, Niagara-on-the-Lake, nestled on the corner of the Historic Commons next to the Shaw Festival Theatre. It is a fully accredited non-profit facility operated by the Niagara Region. Upper Canada Lodge features many beautiful indoor and outdoor areas for residents and families to socialize such as gardens, gazebos and parks. Follow the paved walkway to Niagara on the Lake's Waterfront trail to enjoy the exceptional beauty of Niagara including the Commons and Fort George. Long term care facilities take care of people who are

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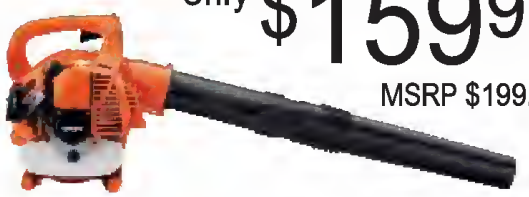

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Therapeautic Park
Upper Canada Lodge

no longer able to live independently in their own homes and who need nursing and/or personal care 24 hours a day. The Niagara Region operates eight long term care facilities, seven of which offer secure special care areas for individuals with Alzheimer's disease or related dementia or elopement risk. Upper Canada Lodge has a homelike environment in which residents feel safe, comfortable, respected and well cared for. Appropriate recreation, social activities, spiritual and therapy services ensure the promotion of quality of life.

A nursing team of registered nurses, registered practical nurses, personal support workers and health-care aides deliver quality and compassionate care to all residents. Nutritious meals and daily snacks are prepared within the home and served in small comfortable dining areas. A Medical Director and local physicians visit regularly and provide a vital community link to medical care for the Residents. Please call today for a personalized tour during normal business hours of Monday-Friday 8:30 a.m. – 4:30 p.m. 905-468-4208. If you wish more information about our Long-Term Care facilities or the Community.

Support programs call toll free 1-877-212-3922 or visit our website at: http://www.niagararegion.ca/living/seniors

For information on admission to long-term care facilities and short respite, please call Community Care Access Centre (CCAC Niagara) at (905-684-9441 or 1-800-263-5480 www.niagara.ccac-ont.ca

SENIORS COMMUNITY PROGRAMS

If you are a senior, if you know of seniors struggling with their independence, or if you are trying to support an aging parent or spouse, then you need to know about Seniors Community Programs. We work with you to assess your needs and develop a sustainable plan that provides the support you require. For information, please contact us at 905-984-2621 or 1-877-212-3922, ext. 3859. Upper Canada Lodge operates an Adult Day service in Niagara on the Lake that supports the older adult living at home by providing respite service during the day. Contact The number above or 905-468-4208 ext 4464 and speak to the Day Program Coordinator.

VOLUNTEER OPPORTUNITIES AT UPPER CANADA LODGE

Auxiliary - The Upper Canada Lodge Auxiliary would like to welcome adults in the community who are willing to give their support, time and talents to our Lodge and its Residents. We need volunteers to assist in bringing additional comforts to the residents and enhance and improve the quality of their lives. If you wish to join the auxiliary or want to find out more information you can attend a meeting, which is held the second Monday of

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the month from September to June, or come and visit our Gift Shop (Monday-Saturday) to find out how you can help. Our Auxiliary hosts many fund-raising events during the year such as a Fashion show, Card party, Pre-Christmas Sale, and sponsors other events for the Residents of the Home. Watch the newspaper and posters for these and other events or calls can be directed to the Resident and Community Programs Manager at 905-468-4208 ext 4460 for more information.

Volunteer opportunities exist for Adults or young people 16 years and older who wish to

Volunteer at the Lodge. Bus trips and socials, special events, crafts, reading, pet visitors and friendly visiting are just a few of the opportunities. We are always looking for talented Volunteer performers and piano players as well. Please call 905-468-4208 ext 4460 for details.

MUSIC/DANCE OPPORTUNITIES

BALLET

The Dingman-Nagy School of Ballet Arts offers Cecchetti Ballet technique classes for Beginners to Advanced, ages 3 years and up. Students prepare for Cecchetti Ballet exams and various dance festivals. Pointe classes, modern and contemporary classes are also offered. A summer program will be offered in July. Adult ballet classes are held on Tuesday mornings for those interested in studying ballet as a form of exercise. All classes are taught by Lisan Dingman-Nagy, teacher of classical ballet since 1984. Classes are held in the professionally equipped dance studio located at 260 Tanbark Road, St. Davids, entrance located off of Queenston Rd. (Corner of York Rd. and Queenston Rd.) Recital in May.

For further information please call Lisan Dingman-Nagy, B.F.A. – LCSC-CICB at 905-262-5655.

THE BEEHIVE

The BEEHIVE is your award winning, bug fun, high energy autonomous artsie-fartsie DIY youth culture focus group. You know us as the producers of PEACE IN THE PARK - those wonderful free summer outdoor concerts held in Simcoe Park, in downtown Niagara on the Lake. After more than two decades of outrageous fun, we continue to walk our own path to excellence: we pay our own

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way and thus, we call our own shots and don't have to take any crap from anybody.

All good hearted people age 14- to old enough to be going off to college are welcome to join us to imagine, promote, perform and then display your talents for all the world to see. We aspire to reach out to include the cool ones to work with us to realize our dreams of Niagara bountifully rich in original live music, forever agile from inspiring art. Long may paradise be ours!

We work hard and happily to make sweet memories for tomorrow because we know, better than anyone else that -- *WITHOUT KIDS THERE IS NO COMMUNITY*-- So we are doing something about it and having a wonderful time. If you are a musician, technician, artist, poet or solo performer, in a band or have great ideas, bring them in. We can dig it. The BEEHIVE Executive meets every Thursday from 7 pm at Tim Hortons (March to October) to plan our endlessly cool events. If you can help us or if we can help you, give us a call. We came, we saw and we rocked Niagara RODDY HEADING Bumble Bee CEO 905-468-3928 (rheading@becon.org) MATT ALVAREZ Director of Absurd Affairs (fluidart@hotmail.com)

CLASSICAL BALLET

Ilona's School of Dance offers Vaganova/Russian ballet technique classes from 7 and up. Students have a choice to take Canadian National Exams, and take part in competitions. We also offer Tap, Modern, Pointe, and Rhythmic Gymnastics. Pre-Ballet Creative for 3 to 6 years. We also offer adults, Ballet-cer-cise classes. There is a year-end Recital. All classes are taught by Ilona Newton, full member of C.D.T.A. who has been teaching for 28 years. Located in NOTL. For more info, call 905-468-0947.

DANCE NIAGARA

JAZZ AND TAP DANCE CLASSES FOR FITNESS AND FUN! Come and join the happy group of ladies learning jazz and tap dance routines and getting in shape as part of the bargain. Dancing has been shown to improve memory, muscle tone and bone density, while reshaping the figure. We start with the basics, progress to combinations, and conclude with an entire choreographed routine. You may simply enjoy the classes or opt to perform as well. Adults only and NO experience necessary! One hour per week for either jazz or tap class. Classes go year round. Call Shelagh at 905-468-9522 or Beryl at 905-468-2848

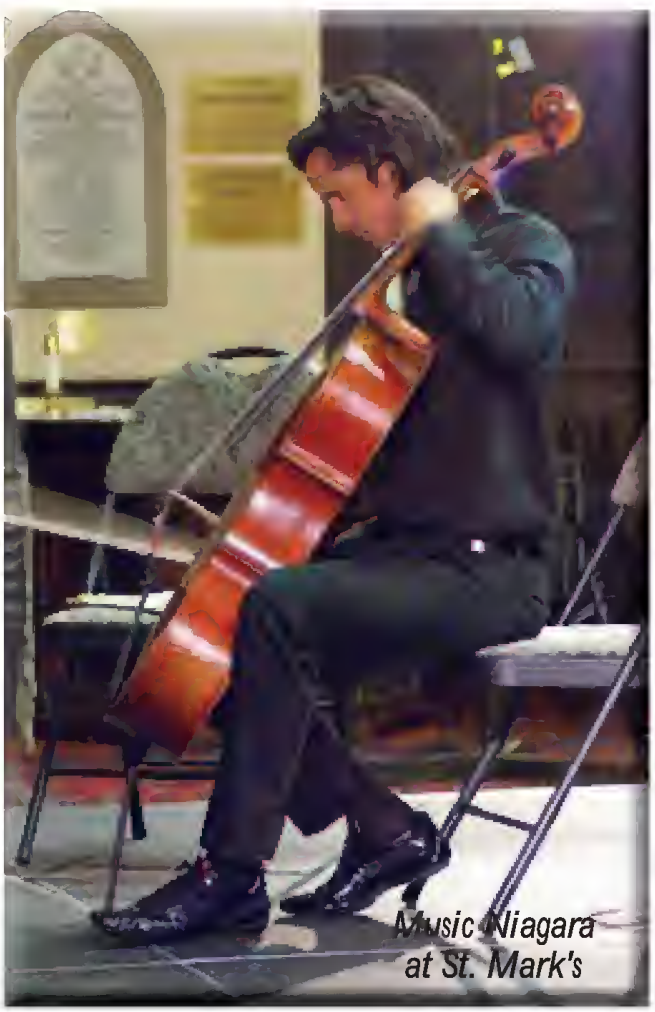
MUSIC NIAGARA

Niagara on the Lake's intimate, local music festival, celebrates its 13th season this summer from July 16 – August 13. Join us to enjoy renowned regional, national and international artists performing a stimulating selection of works drawn from the worlds of jazz, classical, blues, dance, vocal and choral music. In addition to these musical performances enjoy pre-concert talks, dramatic readings and more all presented in the unique and beautiful venues Music Niagara is known for, from award-winning wineries and picturesque parks to historic churches and starlit terraces. To view our 2011 season schedule, purchase tickets, discover more about us, receive our e-newsletter or support Music Niagara, please visit our website: www.musicniagara.org. Whether you join us for one of our special shoulder season events, or during our spellbinding four-week summer season, something live, lovely and legendary awaits you at Music Niagara.

Music for Young Children™

MUSIC FOR YOUNG CHILDREN

We provide the best quality music education to young children by blending the pleasure and joy of music making with sound instruction". MYC Mission Statement Give your child/grandchild the gift that keeps on giving by enrolling her/him in MYC music classes. Music for Young Children is a program for children ages 3 to 9 in small groups with parent participation. It includes singing, rhythm ensembles, theory, composing and piano instruction. There are also the options of a broad-based multifaceted music program for adults, and a Sunrise program for 2 to 4 – year olds, based on rhythm, games, songs and craft activities. The MYC music studio is located at 415 Nassau St., NOTL, and is run by Kathy Rempel, BA (music, psychology), BEd, MYCC Registrations for Sept. begin in March, 2011.For further information call Kathy Rempel at 905-468-3829, or email jkrempel@vaxxine.com



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TOWN OF NIAGARA - ON - THE- LAKE PARKS MAP

Legend

Parks | Urban Boundary | Natural Watercourse

Park ID & Name

1, Centennial Sports Park
2, Chautauqua Park
3, Garrison Village Green Park
4, Homestead Park
5, Lowrey Park
6, Memorial Park
7, Nelson Park
8, Newark Park
9, Niagara-on-the-Green Park
10, Niagara-on-tha-Green Parkette
11, Queens Royal Park
12, Rye Heritage Park
13, Ryerson Park
14, Simcoe Park
15, St Davids Lions Park
16, Villages Park
17, William Nassau Park

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MUSIC STUDIO OF LISA COSENS BRILLON

Lisa Cosens Brillon, B. Mus., M. Mus., M. Mus., teaches private singing lessons to students of all ages. She is a performer, choir director, a member of the Ontario Registered Music Teachers Association and has 35 years of teaching experience. Instruction in classical singing, musical theatre, preparation for Royal Conservatory examinations and the Kiwanis Music Festivals. Students of the music studio participate in workshops and recitals.

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For further information please call Lisa Brillon at 905-262-4610 or email brillon@pppoe.ca

NIAGARA STAR SINGERS

The Niagara Star Singers are a semi-professional show choir made up of 10 -12 teenage girls who sing and dance performing at events and functions in and around the Niagara region. Membership is by audition. Contact Lisa Brillon at info@niagarastarsingers.com for August audition dates and more information.

PIANO & THEORY LESSONS

For Students of all ages and grades up to advanced level. Ross Rahn, B.A., ARCT, R.M.T. has European and Canadian training, teaching and performing experience. Preparation for Royal Conservatory examinations and festivals/competitions. Facilities at 620 Simcoe Street, N.O.T.L. include two grand pianos. For further information call 905-468-9642

PRIVATE PIANO LESSONS

Private Piano lessons available in NOTL given by Stephanie Braet. Ms Braet has performed on piano with the Shaw Festival Theatre and the Shaw Festival Theatre School while coaching vocal musical theatre numbers. She is a member of the Ontario Registered and Canadian Music Teachers Association and has a Bachelor's Degree in Music Performance from the University of Toronto. Teaching beginners, intermediate and advanced lessons for all ages, Stephanie specializes in multiply areas often teaching retired or mature adults and extremely young students in learning to read music, classical or popular tunes, right from scratch or preparing grade school and high school students for Royal Conservatory Exams, Kiwanis Music Festivals, and regional competitions. She dedicates her time and teaching to adapt to every student. Each student has multiply opportunities to perform in masterclasses and 6 recitals throughout the school year. Please feel free to call 905-346-3544.

QUEENSTON MUSICAL THEATRE CAMP

The Queenston Musical Theatre Camp is a fun and educational musical experience for children who love to sing, dance and act. The day camp is directed by Lisa Cosens Brillon and is in its thirteenth year. Participants work on singing, acting and movement through large and small ensemble selections chosen from Musical Theatre repertoire suitable for children. Students must be going into Grade 3 to be eligible and enrolment is limited. There are 4 sessions offered this summer. A concert is given on the final afternoon of the camp. For more information regarding dates, registration and fees, call Lisa Brillon, Artistic Director, 905-262-4610 or email at brillon@pppoe.ca.

NIAGARA-ON-THE-LAKE

Helping You is What We Do!

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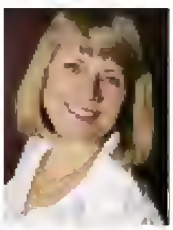

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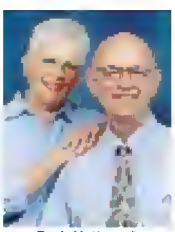

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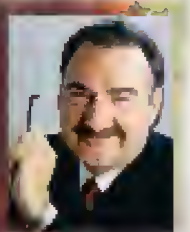

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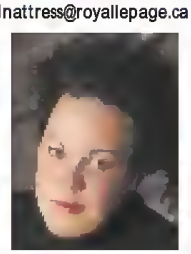

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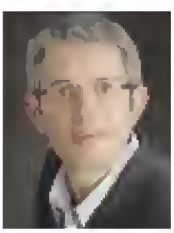

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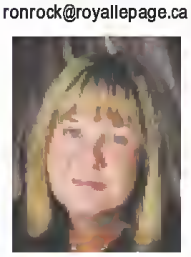

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SCOTTISH COUNTRY DANCE GROUP

Scottish Country Dance Group meets on Wednesdays at 10am in St Andrews Church Hall NOTL
Contact Margaret Middleton, 905-468-1539
Email mwmiddleton@cogeco.ca.

SINGING LESSONS

Experienced professional singer offering singing lessons to students from 7 years old to adults. Attended the Royal Manchester College of Music in England and performed in England, Asia and Canada. Recorded with the CBC. Recently relocated to Canada. Students have been accepted to renown music colleges and universities around the world and performed professionally in musicals and operas throughout Europe and North America. Singers have also competed in music festivals and competitions, winning certificates, prizes and trophies. 30 minutes, 45 minutes and 1 hour lessons in Classical music, musical theatre, contemporary music and opera are available. Please contact: Lorna Ibbotson: 905-468-4540

THE EVERGREEN SINGERS OF NIAGARA

The Evergreen Singers Of Niagara: We are a mixed chorus, who have sung for over ten years, in NOTL. We sing for seniors, community groups and for fund raisers. We practice Mondays 1:30 pm to 3:30 p.m. from September through May at Grace United Church's Hall, Victoria Street, NOTL. New members are always welcome. For information call Sandy Sullivan at 905-468-5532, or Adolf Miecznikowski at 905-934-4888. Note: Previous chorus experience or music training, are not required.

CHILDREN'S PROGRAM

AIR CADETS

The NOTL Air Cadet Squadron is 809 Newark Squadron. It meets at the Old Virgil Fire Hall at the corner of Hwy #55 and Creek Road in Virgil on Wednesday nights from 6:30 PM to 9:00 PM from September to June (holidays excepted). Air Cadets participate in flying, gliding, summer camps, leadership and citizenship training, drill competitions and much more. The program is designed for boys and girls between the ages of 12 and 18. If you are interested in Canada's best youth program, check it out on the web at www.cadets.ca, call the Squadron at the Old Virgil Fire Hall on Wednesday nights at 905-468-7584; or contact Captain Tammy Palumbo at tammypalumbo@yahoo.ca.

BOYS & GIRLS CLUB OF NIAGARA KIDS ZONE PROGRAM

905-357-2444, 6681 Culp Street

Membership Fees: Child & Youth (individual) Membership $20/year Family Membership (any # of children) $50/year No one is denied access due to financial constraints.

Kids Zone

The Kids Zone After school program is designed for children 6-12 years of age to encourage physical activity, develop social and leadership skills and character through participation in a wide variety of gymnasium and aquatic sports, arts, computer activities, games, and educational clubs. The "Homework Program" is supported by Giant Tiger.

Benefits include: • Gymnasium activities • Arts and Crafts • Computers • Games • Transportation

Transportation services are provided to increase access to the Kids Zone, Teen Zone After school programs. Please note our bus routes are subject to change to meet needs of the community, for more information please call the center. Donations of .25 per ride are appreciated.

Parliament Oak Public School 325 King Street Tue & Fri 6:00 PM – 8:00 PM

Summer Camp Program Contact: 905-357-2444
www: club@boysandgirlsclubniagara.org

6-12 years $21.00/day Monday - Friday 9:00 am - 4:00 pm. Subsidy spots available. Activities include a variety of arts, crafts, indoor and outdoor recreational sports and out trips with focus on developing interpersonal and leadership skills. Our camp leaders are experienced and trained in education, child and youth care, and recreation. Staff to child ratios are higher than Ministry recommendations to provide high quality supervision and greater individual attention to each child. All our staff have first aid and CPR training, and criminal record checks. Summer camp includes: transportation, swimming, crafts, gross motor activities, computer.

Air Cadets Bottle Drive

MAPLE LEAF MONTESSORI SCHOOL, N.O.T.L

Maple Leaf Montessori school, is situated in Parliament Oak School, 325 King Street, N.O.T.L.

Our school provides an ideal, peaceful environment for our half-day and full-day programmes. The programmes offered at Maple Leaf have evolved from Dr. Maria Montessori's detailed observations of children at work and play. Our fully equipped Montessori classrooms are designed to provide a familiar home like environment.

Toddler programme for children 18 months to 3 years. Casa programme from 27 months to 6 years.

For further information or registration please call Sharon Gleave at 905-468-1057.

MONTESSORI IN THE HOME

Montessori In The Home Consulting gives parents suggestions for introducing a Montessori approach at home that compliments with a Montessori school environment. Giving parents the education and support to view another way of seeing what may enhance decisions related to child development.

Montessori In The Home Consulting offers parents creative principles for redesigning aspects of their home, for approaching the child with new kinds of tasks and challenges and general understanding.

Parents can follow simple everyday suggestions for Montessori in the home, encouraging independence, self-confidence, reasonable freedom of choice, consistency, orderliness, and responsibility.

For more information, please contact Sharon Gleave 905-468-1057.

NIAGARA NURSERY SCHOOL

Niagara Nursery School (NNS) is a parent-run co-operative offering programs that provide a fun, child-centred environment designed specifically for children 27 months to 5 years. NNS is located in the Kinsmen Scout Hall at 430 King Street. Under the supervision of ECE certified teachers, parents can take part in their children's positive introduction to the school setting in which they start to develop social skills and life skills as well as beginnings in math, language and science. Each class takes part in music, art instruction, field trips and class visits. The school maintains low teacher/ student ratios, limiting class sizes to 24 children. We the following programs Little Dippers - Tuesday & Thursday Mornings - 9:00 am to 11:30 am; Mighty Moonbeams - Monday, Wednesday & Friday Mornings - 9:00 am to 11:30 pm. Kinder Stars (for 4 - 5 year olds) Monday thru Friday Afternoons (2 day, 3 day, 4 day or 5 day options) 1:00 am to 3:30 pm. Before & After Care Program for school aged children from all area schools. Before school care 7:00 am to 8:45 am. Lunch program 11:30 am to 1:00 pm. After school care 3:15 pm – 5:30 pm. NEW for 2011 - 2012 we will be offering 8 full day child care spaces for children ages 27 months to 3 and a half. NEW for 2011-2012 school year, NNS is excited to be relocating to Niagara on the Lake's Community Centre! We have limited space left for the 2010 - 2011 school year. We will be holding an Open House on Saturday April 23 at the NOTL Community Centre during our Spring Fair. Registration is on a first come first served basis. Patricia Couroux 905-468-5357

www.niagaranurseryschool.ca

Niagara Nursery School Spring Fair on Saturday April 23, 2011 from 10:30 - 2:30 at the NOTL Community Centre. Come and bring the family to enjoy face painting, crafts, bouncers, raffle, silent auction, petting zoo, bake sale, cake auction, barbeque and pizza. During the fair we will be having an open house at which time we will be accepting registrations for our 2011 - 2012 school year.

NIAGARA REGION PUBLIC HEALTH SCHOOL HEALTH PROGRAM

Every elementary and secondary school within Niagara has a school nurse assigned to it. Niagara Region Public

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The success of small, independent businesses like ours in the local community depends on the support of loyal customers like you. As a proud Benjamin Moore Retailer, we wanted to take this opportunity to express our appreciation for your recent business. We look forward to assisting you with your decorating needs again in the near future!

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Health's School Health. Program was created to promote optimal health among Niagara's youth. Each school nurse can be contacted directly through your child's school or Public Health at 905-688-8248. The Elementary program can be reached at ext. 7379 and the Secondary program at ext. 7156. To learn more about our programming and services, please visit www.niagararegion.ca

SMART-CATS SUMMER CAMP

Smart-Cats Summer Camp is located in Parliament Oak Public School and operates for the months of June, July & August. The camp is available to children from 21/2 – 6 years. Each week we will experience a different adventure and theme.We venture into our historic community with outdoor physical activities as well as a weekly excursion to places of interest within our beautiful town.

Smart-Cats Summer Camp will help your child have an exciting and fun-filled summer as well as offering a stimulating learning environment. For further information please call Sharon Gleave at 905-468-1057.

EVERYONE'S A WINNER AT...
WINNERS DAY CAMPS!

Everyone's A Winner at...Winners Day Camps!

Winners Day Camps is proud to announce 21 years of running camps in the Ottawa area and its ninth year in Niagara.

Camp Location: The New NOTL Community Centre
Dates: March Break & Summer 2011
March Break Camp: March 14 – 18, 2011
Kinsmen Scout Hall
Summer Camp: July 4 – August 26, 201
New Community Centre
Hours:Monday to Friday,
9:00 AM – 4:00 PM.
Pre Camp: 8:00 – 9:00 AM
Post Camp: 4:00 – 5:00 PM

Winners' is an outstanding program for all children aged 3 to 12.

Campers may register for full or half day programs by the week or by the day or half day.

At Winners Day Camps, there are no losers. Everybody wins!!

Jennifer Caughill, B.Ed., M.Sc., B.PHE., and her core staff of qualified teachers offer this exciting and beneficial program. Children have fun while participating in a choice of: cooperative games, sports including floor hockey & soccer, arts and crafts, drama, dodge ball, musical experiences, circle games and much more, all in an active, positive and upbeat environment. Campers enjoy weekly themes & special events.

Winners Day Camps focus on fun! The philosophy of building self esteem through enjoyable activities is front and center at Winners Day Camps.

For more information or to register:
Call Jennifer Caughill: 905-468-9408 E-mail: winnersdaycamps@cogeco.ca Web Site: winnersdaycamps.ca

ST. DAVIDS BEAVERS, CUBS AND SCOUTS

St. Davids Scouting Registration Wednesday Sept. 14 & Sept. 21, 7pm to 8pm
St. Davids United Church, 1453 York Road
For further information please contact Thomas Keppy at 905-329-1706 or email tdkeppy@hotmail.com

HEALTH

ALCOHOLICS ANONYMOUS-LAKE GROUP

Alcoholics Anonymous is a world-wide organization offering help to men and women with a desire to stop drinking. The Group meets every Thursday evening at 8:00 P.M. at St. Mark's Addison Hall, 41 Byron Street. Please call 905-682-2140 for additional meeting dates and locations in the area

ALZHEIMER SOCIETY OF NIAGARA REGION

The mission of the Alzheimer Society of Niagara Region is to improve the quality of life for people with Alzheimer's disease and related dementias and their caregivers. For further information on programs and services or how you can get involved in volunteering or fundraising events, please call 905-687-3914 or visit www.alzheimerniagara.ca.

•2011 Alzheimer Bonspiel "Curl for Memories" on Saturday, March 19, 2011

•The Peter Saracino Alzheimer Golf Classic on Wednesday, June 1, 2011 at Peninsula Lakes Golf & Country Club – please call Chelsey at 905-687-6856 ext. 556 or email ccook@alzheimerniagara.ca for more information and/or sponsorship opportunities

THE ARTHRITIS SOCIETY

Join us in the fight to help the nearly 4.5 million Canadians living with arthritis. Go to www.arthritis.ca

CANADIAN CANCER SOCIETY

The Canadian Cancer Society is the largest charitable organization in Canada dedicated to cancer research and the Niagara on the Lake Branch of the Canadian Cancer Society is one of over 200 Branches in Ontario. We are actively involved in raising funds to support cancer research and assist those in our community living with this disease. Cancer is a leading cause of premature death and four in ten men and women will be diagnosed with some form of cancer in their lifetime. Every seven minutes, two Canadians are diagnosed with cancer. One person dies from cancer every 7.5 minutes. In spite of these staggering statistics, we believe that one day cancer will be beaten and we work towards this goal. No amount of time offered as a volunteer is too little – together we are strong! Each year many volunteers are needed for events such as the Daffodil Sale, the April Campaign and the Annual Golf for a Cure. This year's Golf for a Cure will be held on June 1st. At the NOTL Golf Club – mark your calendars and plan to attend this great event! Please consider volunteering with the NOTL Branch of the Canadian Cancer Society – you will be made most welcome and you will make a difference! If you are interested in being a volunteer to help with this important cause, please call the NOTL Branch President Debbie Eke at 905-468-7320. Region contact: Kim at 905-684-6455 or niagara@ontario.cancer.ca

NIAGARA-ON-THE-LAKE HOSPITAL AUXILIARY

The Niagara-on-the-Lake Hospital Auxiliary is a vibrant volunteer organization dedicated to supporting health care in our community. Members with a wide variety of backgrounds come together to provide direct services to patients in the Hospital, coordinate the community foot care clinic, deliver Lifeline services, maintain the Hospital's Memorial

Niagara-on-the-Lake Hospital Auxiliary

Garden, and play an important role in fundraising. This year, in addition to its regular activities, the Auxiliary has received funding from the Government of Canada's New Horizons for Seniors Program for its "Recollections Project". This is a special initiative to gather, record and publish a collection of stories that demonstrate the life experiences, accomplishments and rich legacy of 90 years of hospital volunteers in Niagara-on-the-Lake. Members of the community with photographs, memorabilia and stories to tell are encouraged to come forward and contribute to the project. If you have talents in transcription, writing, editing or publishing we would also welcome your active involvement. For more information, please contact Laurie Harley at 905-468-5600 or laurie.harley@sympatico.ca. The Hospital Auxiliary general meetings are held at the Hospital on the third Thursday of the month from September to June. Please join us for coffee at 10 am and learn how you can put your talents to work to support health care in our community.

NIAGARA-ON-THE-LAKE COMMUNITY PALLIATIVE CARE

Our community-based organization offers seriously-ill residents of Niagara-on-the-Lake and their families a variety of services that include trained visiting volunteers who provide emotional support, respite care, friendship and compassionate listening; a wide variety of equipment; a lending library of books, DVD's, CD's and audio and video cassettes; phone bereavement and bereavement support groups; and a family studio apartment where out-of-town family members of our clients can stay. All we do is in strict confidence and free of charge. For more information or questions contact Terry Mactaggart at 905-468-4433, notlpc@bellnet.ca, or fax 905-468-7149.

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SOCIAL, EDUCATIONAL AND CULTURAL PROGRAMS

AMNESTY INTERNATIONAL - GROUP 137

Amnesty International is a world wide human rights organization; we work to stop abuses of human rights everywhere they occur, and to increase awareness of cruel and inhuman actions. Local group 137 meets on the 3rd Tuesday of the month October, November and January through June. Meetings are in St. Mark's Parish Hall at 7:00 p.m.; films are shown in the NOTL Library – notice given in the Niagara Advance. Meetings are free and open to the public.

BEE - MODERN FABRICS AND WORKSPACE

A neighbourhood boutique for your creative side. Feel happy, encouraged and inspired by the bright colours, bold prints and contemporary designs. Fill your life with colour and the rewards of making it yourself! Sewing, quilting and knitting classes. Small groups, custom classes availalable. Sew by the hour. Monthly knitter's social. Classroom/studio/lounge available for new instructors. Class schedules at: www.beefabrics.ca. 188 Victoria St, NOTL (customer parking in driveway), 905-468-8190, info@beefabrics.ca.

BETA SIGMA PHI

Beta Sigma Phi is an international cultural and social non-profit organization for women. Members expand their horizons through rewarding friendships, enriching programs, enjoyable socials and service to the community. For further information contact Luba Fraser (Xi Eta Chi Chapter) - 905-468-4510 or Joan Grosso (Mu Pi Chapter) - 905-468-0012

CHARLES DICKENS READING GROUP

Celebrating our tenth anniversary!! If you think you would enjoy reading, discussing and enacting the novels of Charles Dickens, then we would like you to join us. We meet on the second Tuesday of each month, September to June from 7:00 to 9:00 PM in the Niagara-on-the Lake Library. Visitors are always welcome. We enjoy one Dickens novel per year. For 2010-2011, we are reading Barnaby Rudge. We also do readings and enactments during regular meetings and for the general public. During the Christmas season, we have a feast with a Dickensian theme, we celebrate his birthday in February, and we finish each season with a dinner. We belong to the International Dickens Fellowship and Dickensians from around Canada and the world visit us as do our members visit them. If you would like further information about joining our group,

Richard J.W. Andrews

BARRISTER & SOLICITOR

RJWA

• Real Estate • Wills & Estates • Business Law

202-111B Garrison Village Drive (above Shoppers Drug Mart)
Niagara-on-the-Lake, Ontario L0S 1J0
905-468-0081 • fax 905-468-0087
rjwandrews@bellnet.ca

please call Ed Moritz at 905-468-9084 or Dorothy Abbey at 905-938-8537. Don't hesitate to drop in on our meeting.

NIAGARA-ON-THE-LAKE
"DAFFODIL GARDEN OF HOPE PROJECTS"
EACH GARDEN ~ 4000 BLOOMS ~ TOGETHER ~ STRONG

Residents and visitors are invited to visit the spectacular sight this spring of over 30,000 *(and multiplying)* daffodils in bloom across our community.

• Simcoe Park ~ Queen St: (over 4000 bulbs planted Fall 2005) • NOTL Hospital's Frontlawn: (over 4000 bulbs planted Fall 2006) • Lowery Park ~ York Rd., St. Davids~ (over 4000 bulbs planted Fall 2007)
• Firehall Hwy #55/Anderson Lane ~ (planted 2007)
• Queenston Firehall ~The Parkway~ (over 4000 bulbs planted Fall 2008)
• Virgil Sports Park ~ (over 4000 bulbs planted Fall 2009)
• Virgil Firehall #55/concession 6 ~ (over 4000 planted Fall 2010)

DAFFODIL SHOW-OFF: share your best daffodil blooms at the virgil firehall site ribbon cutting event this spring: any shape, size or colour welcomed. we have containers ready for your blooms!!.For dates on upcoming site activities, celebrations and plantings, see notices in THE advance, town crier and local info boards (it all depends on the weather!!) "The daffodil team" looks forward to seeing you at the notl sites, enjoying "a host of golden daffodils". Don't forget your camera.

YOUR DONATIONS TAKING ROOT: Each daffodil is planted as a tribute to those in our community who have been touched by cancer or in memory of those no longer with us. Each of these blooms represents one dollar, donated by individuals, local organizations, businesses and visitors, in support of the NOTL Branch of The Canadian Cancer Society and to ensure we have place of beauty that remains in our community for all to visit and enjoy year after year. We always need help in our endeavors to develop other Daffodil Gardens of Hope in our various NOTL communities. For further information on how you can participate in, suggest a site, or give support to a Daffodil Garden of Hope, please call Sheila Hirsch-Kalm 905-262-0930 or Jean Cochrane 905-468 2477.

FARMERS' MARKET @ THE VILLAGE

The Market is open from 8 am to 1 pm on Saturdays from May 21st until Thanksgiving. We are located at 111 Garrison Village Drive beside Shoppers Drug Mart and DeLuca's Wine Country Restaurant in The Village Centre. We offer fresh seasonal produce from your local farmers, fresh cut flowers, baked pastries and breads, honey, cheese, lamb, and other exceptional locally produced goods

FRIENDS OF FORT GEORGE

The Friends of Fort George is a not for profit cooperating association, working in partnership with Parks Canada for the protection, preservation, development and interpretation of the past military significance and the historical resources of Niagara National Historic Sites. Our programs include the sponsorship of student summer employment, funded through special events

throughout the year and the operation of our on-site book/gift shop at Fort George and Brock's Monument. Membership includes a15% discount at our shop; advance notification of our special events and newsletters. Our shop is open daily until October 31 and by appointment thereafter. Ghost tours take place on Sundays in May, June and September @ 7:30, and on Monday, Wednesday, Thursday & Sunday evenings at 8:30 in July and August. Hallowe'en ghost tour tickets must be purchased in advance by calling 905-468-6621. We also offer programming at Brock's Monument daily from May to September. For information about hours of operation and confirmation regarding special events contact Fort George at 905-468-6614 or Erika Alexander at the Friends of Fort George Gift Shop at 905-468-6621 or visit www.friendsoffortgeorge.ca

FRIENDS OF ONE MILE CREEK

One Mile Creek is the stream that meanders through Old Town NOTL and empties into Lake Ontario at Lansdowne Pond. Friends of One Mile Creek is an organization of local residents working towards the restoration and revitalization of the water, wildlife and natural environment of the Creek. Activities include supporting the implementation of the Watershed Plan for the One Mile Creek, Earth Day and Fall Creek Clean Up days, participating in riparian and tree plantings, and education. To join, single membership - $10, household membership - $15. For more information please visit: www.friendsofonemilecreek.org

GOLF FOR A CURE
12TH ANNUAL TOURNAMENT

Canadian Cancer Society (NOTL Branch)
Wednesday, June 1, 2011 NOTL Golf Club
Contact: Neil Viola or
Michael Skiba 905-468-3272

INFORMATION NIAGARA CONNECTING PEOPLE AND SERVICE

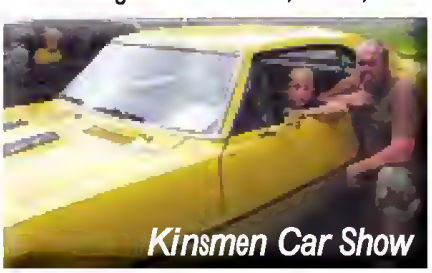
Dial 211 for free information about community, social, health and related government services. 211 is an easy to remember phone number, available 24-hours a day. You speak directly to trained staff; no phone menus or buttons. Call 211 or go on line www.informationniagara.com

IODE

IODE was founded in NOTL in June 1918 and is the local chapter of a National Volunteer Women's Service Organization that works for our community, Canada and the world in education, services, and citizenship. It is open for membership to all Canadian women with the love of country and concern for others. For information, please contact Bev Wiebe at 905-468-4371. New members welcome.

13TH ANNUAL KINSMEN CAR SHOW - AUGUST 14, 2011

Come join the Niagara-on-the-Lake Kinsmen at their 13th Annual Shine and Show Car Show August 14, 2011. Held at the historic War of 1812 Barracks and Commons, the National and Historic Parks setting has become the premiere summer car show of the Niagara Peninsula. Auto enthusiasts can walk among almost 500 vintage cars and visit with car owners who are always willing to share their car's unique history. This year will also feature the Lincoln and Welland Regiment showing off their various WWII military jeeps, armoured personnel carriers. To compliment the viewing, the NOTL Kinsmen operate a day long BBQ food service and outdoor wine/beer gardens. Raffles, draws, door



prizes and an on-site music DJ add to the events festive spirit! A Kinsmen Club fund raising event, the majority of the proceeds raised are donated to local organizations and programs. The Kinsmen National Charity, Cystic Fibrosis also benefits from funds raised.

LAURA SECORD HOMESTEAD 29 QUEENSTON STREET, QUEENSTON

Visit the home of Laura Secord, heroine of the War of 1812. From her home in Queenston village, Laura set out on a 32 km. (20 mile) walk through the American lines and over wild and unsettled country to warn the British forces of an impending attack at Beaverdams. Today, costumed interpreters thrill you with tales of her adventure as they guide you through this lovingly restored homestead, complete with authentic furnishings of the 1812 period. This tranquil location also offers ice cream and refreshments for your enjoyment. Open May through Thanksgiving. For more details, please visit www.niagaraparks.com

MACKENZIE PRINTERY & NEWSPAPER MUSEUM 1 QUEENSTON STREET, QUEENSTON

Canada's only operating printing museum is located in historic Queenston in the restored home and printing shop of William Lyon Mackenzie, where he published his rebel newspaper, The Colonial Advocate in 1824. Operated by The Niagara Parks Commission in association with the volunteer Mackenzie Printery Committee, attendants provide detailed information regarding the working presses and Canada's oldest press. Queenston is midway between Niagara-on-the-Lake and Niagara Falls along the scenic Niagara River Parkway route. Open May through Labour Day. For more details, please visit www.niagaraparks.com.

MCFARLAND HOUSE 15927 NIAGARA PARKWAY, N.O.T.L.

Experience gracious living 1840's style at McFarland House as costumed interpreters guide you through this beautiful Georgian home. Detailed historic restoration of interior decorations recently completed. The McFarland Tea Garden features home-baked light meals and refreshments. Guided tours May through Labour Day. For more details please visit www.niagaraparks.com

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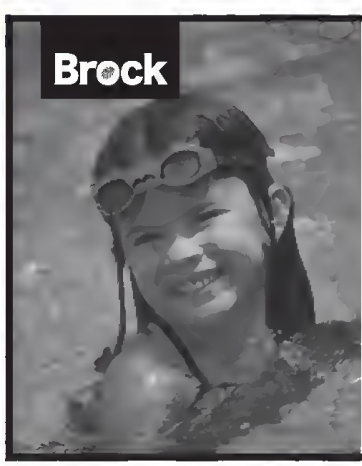
ephraim michael
personal injury law
905.468.0838



Swim Lesson Registrations 2011/2012

Start dates for accepting registrations:
Fall 2011 - Sat., Aug. 27, 9 a.m.
Winter 2012 - Mon., Dec. 12, 5 p.m.
Spring 2012 - Mon., Mar. 26, 5 p.m.

Ask about our memberships & fun swims

brocku.ca/recreation-services
905 688 5550 x4060

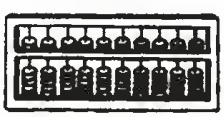
MULTI-FAITH DISCUSSION

Multi-Faith discussion with music, prayer and speaker at 7 p.m. on the 1st Friday of each month at 11 Harmony Drive, Niagara-on-the-Lake. For information call Touba at 905-468-7275.

NEWCOMERS' CLUB OF NIAGARA-ON-THE-LAKE

The Newcomers' Club is a non-profit women's organization whose members have relocated to Niagara-on-the-Lake within the past three years. With more than 250 members, including Alumnae, the Club provides social opportunities for members to make new friends and to familiarize and integrate them with their new community. Newcomers usually meet on the 3rd Wednesday afternoon of the month from September to June. Club members can also join various interest groups such as bridge, Mah Jongg, Scrabble, golf, gardening, etc. Please call Cindy Grant at 905-468-7498 for membership enquiries or Charlotte Zych, President, at 905-468-8087 for general inquiries. Please check out the website at www.notlnewcomers.com for more information about our club.

BRIDGMAN & DURKSEN
CHARTERED ACCOUNTANTS



Ken Bridgman C.A.

St. Catharines, 905-682-6677

Vic Durksen B.ADMIN., C.A.

NOTL, 905-468-1659

5 Race Street, St. Catharines, Ont.
L2R 3M1 Fax 905-688-1881

1 Henegan, Niagara-on-the-Lake
Fax 905-468-2055

info@bridgmananddurksen.com

NIAGARA-ON-THE-LAKE AMATEUR VINTNERS

Do you make wine at home? Would you like to learn how to make wines which can be as good as commercial? Then, this club may be for you. We meet the last Monday evening of each month – September to June. We taste each other's wines in order to evaluate and assist us in developing our technique. We also taste commercial wines to learn about different growing areas and to better understand what we are aiming to achieve. We are affiliated with the Amateur Winemakers of Ontario and submit our wines each year for their annual judging. For further information, contact Cate Mee at 905-262-5298 or Alan Johnson 905-468-8972.

NIAGARA EPHEMERA CLUB

This is a club that would appeal to all those who are interested in collecting some sort of a paper collectible or who currently have a collection of paper collectibles.

This would include those who collect greeting cards, post cards, prints, product labels, tickets, calendars, banknotes, sheet music, manuscripts , bookplates, letters, vintage advertising and posters or other items of a similar nature. Postage stamp collectors and book collectors would also be made very welcome as members of this club as we wish to use as broad a definition of "ephemera" as possible.

We meet at The Niagara-On-The-Lake Public Library on the third Wednesday of each month from September to June of each year. The meetings start at 7:00p.m.

At each meeting we will either have a "show and tell" where each member will bring along an interesting or an unusual item from his/her collection to share with the group or a speaker who will enlighten us with his/her interest. For any further information regarding this club, please call Paul at 905-468-9692 or John at 905-468-3014 .

NIAGARA-ON-THE-LAKE WAR OF 1812 BICENTENNIAL COMMITTEE

The Bicentennial Committee is a committee of Council formed in 2007. In recognition of Niagara-on-the-Lake's pivotal role in the events of the War of 1812-14, the Citizens' Committee will undertake to co-ordinate the delivery of experiences that provide a positive interaction between visitors and residents and the cultural, natural and

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SIMPSON'S APOTHECARY

Simpson's Pharmacy is proud to introduce its new Downtown location.
Open 7 days a week for your health, wellness, and beauty needs.
Our new specialty compounding lab can prepare custom formulations
ordered by your doctor, dentist, or veterinarian.

233 KING STREET NIAGARA-ON-THE-LAKE 905.468.8400
FREE PARKING AND ENTRANCE AT REAR (OFF JOHNSON ST.)
MON-FRI 9:30AM - 6:00PM SAT 10:00AM - 5:00PM SUN/HOL 11:00AM - 5:00PM

SIMPSON'S PHARMACY

Our Home Health Care Consultants are specially trained to assist you
in choosing supports and braces or with your bathroom safety,
mobility or rehabilitation requirements.

1882 NIAGARA STONE ROAD VIRGIL 905.468.2121
MON-FRI 8:30AM - 8:00PM SAT 9:00AM - 5:00PM SUN/HOL CLOSED

Free Delivery Service available from both locations!

At the HEART of Your Community

historic sites of Niagara-on-the-Lake as they relate to Bicentennial observances. It is the Committee's long-term goal to provide a lasting legacy and long-term public benefit leading to protection of the natural and cultural resources associated with the War of 1812. The committee welcomes volunteers to serve on its working group subcommittees dealing with Communications, Events Co-ordination, Finance, Volunteers, Research & Education and Legacy. For further information on the Bicentennial Celebrations or volunteer opportunities please contact Lyle Williams, Communications Officer, Niagara-on-the-Lake War of 1812 Bicentennial Committee: communications@niagarahistorical.museum, or visit our web site at www.1812niagaraonthelake.ca

NIAGARA-ON-THE-LAKE DICKENS FELLOWSHIP

Celebrating our tenth anniversary!! If you think you would enjoy reading, discussing and enacting the novels of Charles Dickens, then we would like you to join us. We meet on the second Tuesday of each month, September to June from 7:00 to 9:00 PM in the Niagara-on-the Lake Library. Visitors are always welcome. We enjoy one Dickens novel per year. For 2011, we are reading Barnaby Rudge. We also do readings and enactments during regular meetings and for the general public. During the Christmas season, we have a feast with a Dickensian theme, we celebrate his birthday in February, and we finish each season with a dinner. We belong to the International Dickens Fellowship and Dickensians from around Canada and the world visit us as do our members visit them. If you would like further information about joining our group, please call Ed Moritz at 905-468-9084 or Dorothy Abbey at 905-938-8537. Don't hesitate to drop in on our meeting.

Niagara-on-the-Lake Horticultural Society

The NOTL FAMILY HEALTH TEAM

"Promoting Community Wellness"

Our Team includes 10 family physicians, Psychiatrists, a Geriatrician, Nurse Practitioners, Nurses, a Dietitian, a Mental Health Co-ordinator, a Social Worker and administrative staff. We work in a collaborative environment, along with other community health services to provide comprehensive primary health care to our patients.

Referrals to the allied health professionals are made via the family physician or self-referrals are also welcomed if patients are rostered to a physician of the Team.

Weekly office hours: 9-5pm

Patients may contact reception to schedule an appointment with their family physician.

After-hours Clinic:

Monday & Wednesday ..... 6 to 8 p.m. at the Niagara Medical Centre

Tuesday & Thursday ..... 6 to 8 p.m. at the NOTL Hospital Primary Health Care Clinic

Saturday..... 9 a.m. to noon at the Niagara Medical Centre

Important Phone Numbers:

NOTL Family Health Team: 905-468-2177
Niagara Medical Centre: 905-468-3275
NOTL Primary Health Care Clinic: ... 905-468-9189
After Hours Telehealth Advisory: 1-866-553-7205
www.notlfht.com

NIAGARA-ON-THE-LAKE HORTICULTURAL SOCIETY

Enjoy gardening? Come learn from our experienced guest speakers or share your knowledge and tips with fellow gardeners. New members & visitors welcome!

Meetings: 4th Tuesday from January to May & September to November.

Start time 6:30 p.m. Refreshments Meeting: 7:00 p.m. – 9:00 p.m. (unless otherwise noted)

Meetings are held at the Community Centre, 29 Platoff Street, Niagara-on-

the-Lake. Meeting info will be posted in the local newspapers.

• Tues. Jan.25th - 12 Months of Color *Tony Post, Coles Garden Centre.
• Tues. Feb. 22nd - Respecting the Balance of Nature in Our Gardens * the "Grass Lady" Jackie Lynch.
• Tues. March 22nd - Pretty and Tasty *Connie Dam-Byl from William Dam Seeds.
• Tues. April 26th - Shrub Pruning *Darrell Bley Instructor/Curator -Niagara Parks Botanical Gardens & School of Horticulture.
• Tues. May 24th - Organic Magic with Worms *Cathy's Crawly Composters.
• Canada Blooms - Bus date to be confirmed March 16th or 17th.
• Fri. March 18th – Welcome Spring Celebration - Flowers for seniors in local nursing homes and hospital.
• Spring has Sprung Contest – Nominate your favorite spring garden. Details in the Niagara Advance.
• Sat. May 14th NOTL Horticultural Plant Sale at Busy Bee Lavender Farm 758 Niagara Stone Rd.
• Sat. July 9th, 2011 - 20th Annual Garden Tour for further info call Gloria Thurston 289-868-9143 or Shirley Madsen 905-468-2325
• Sat. July 16th - Bluemin Acres Tour
• June to Sept. Member Garden Stroll - Members are invited to stroll through other member's gardens. Meet & Greet learn something new.
• Garden of the Week Contest Nominate your favorite garden. Details to be published in the Niagara Advance.

For further info or if you want to read our newsletters checkout our website: www.notlhortsociety.com
contact Shirley Madsen 905-468-2325 or Marion Boon, Membership Director 289-868-9168

NIAGARA HISTORICAL SOCIETY & MUSEUM

The Niagara Historical Society & Museum is dedicated to the ongoing preservation of the unique history of Niagara-on-the-Lake. Through lectures, publications, and exhibitions the Society provides a wide variety of programmes to introduce the community to our shared experiences within a global context. The Museum accommodates over 40,000 artifacts and archives, preserving Canadian history and heritage for the community and visitors alike. The collection was founded in 1897 and contains some of the most important examples of early Canadian history in the province. A visit to the museum will allow you to see Our Story, the permanent exhibition chronicling life in Niagara-on-the-Lake over the past 10,000 years, exploring our unique history and the Museum's unparalleled collection. See history through the eyes of those who came before us. Our temporary exhibition schedule includes, "50 Years of the Shaw Festival, an exhibition developed by the Shaw Festival in celebration of their 50th season. This exhibition will be on display from March 15th – September 15th, 2011. The Niagara Historical Society Museum is located on Castlereagh Street in the Old Town. The Museum is open most days throughout the year. Its gift shop contains many local history publications for those interested in further exploring the history of Niagara. Call 905-468-3912 or visit www.niagarahistorical.museum for information.

NIAGARA-ON-THE-LAKE PUBLIC LIBRARY

Upper Canada's oldest circulating library - established 1800

Phone.....905-468-2023
Fax 905-468-3334
Email ..... libraryinfo@notl.org

Niagara-on-the-Lake PUBLIC LIBRARY
Expanding Minds Since 1800

Website .....www.notlpubliclibrary.org
Mailing Address
P.O. Box 430, 10 Anderson Lane,
Niagara-on-the-Lake, ON L0S 1J0
Hours: Tuesday – Thursday 9:00 AM to 9:00 PM, Friday 9:00 AM to 6:00 PM, Saturday 9:00 AM to 5:00 PM, Sunday (Sept. 12, 2010 - May 15, 2011) 1:00 PM to 5:00 PM
Collection: Over 48,000 books, magazines, newspapers, movies and educational DVDs and videos, audio-books on CD and on cassette, e-books, music CDs, microfilm, reference works, employment/career resources. The M.F. Jones Room houses the Janet Carnochan collection – an extensive and unique local history collection.
Services: Membership includes borrowing privileges, interlibrary loans, workstations for Internet access, free wireless access, fax, photocopier, library tours, lectures, workshops and special events.
Website: This contains current information on library activities. Members can request or renew books from home via the library website with their library cards.
Programs for the Whole Family: Regular Children's programs for all ages are offered weekly and monthly. Class visits are welcomed. Adult programs include computer courses such as Introduction to Computers and Internet Searching. There are author readings and special events.
Facilities and Equipment for Rent: Rotary Program Room holds 50 people auditorium style. Computer Lab with 12 workstations (XP and Office available). Rooms are available for community members to rent for a fee (non-profit or for profit).

THE NIAGARA PUMPHOUSE VISUAL ART CENTRE

NIAGARA PUMPHOUSE VISUAL ART CENTRE

Niagara Pumphouse Arts Centre, "Where People, Creativity and the Arts Meet" is a community-based facility providing teaching and exhibitions in all the arts. Adult day and evening classes with great instructors in all mediums, opportunities for adult life drawing, oil, acrylics, pastels, water colour, mixed media, sculpture and clay. Weekend workshops in art and crafts. Art classes for children and youth are available Saturday morning from 10am -noon. Children are encouraged to try various mediums while learning about artists and their works.
Monthly exhibits of selected instructors, students, members, and other groups on the first Sunday of every month. Special events throughout the year: Interesting volunteer opportunities for great jobs with good friends.

GALLERY HOURS
Summer (June - August) , Weekdays - 9:00am - 4:00pm
Weekends - 1:00 pm - 4:00 pm, Fall/Winter/Spring,
Weekdays 12:00pm - 4:00pm,
Sat/Sun - 1:00 pm - 4:00 pm
For details: visit 247 Ricardo Street
(near the yacht club) Phone 905-468-5455
e-mail: office@niagarapumphouse.ca
www.niagarapumphouse.ca

NIAGARA SUPPER CLUB

Enjoy a monthly fun night out dining and dancing in the wonderful atmosphere of the main hall at the Court House in Old Town. The Niagara Supper Club is 63 years young and it's success as a non-profit social club continues to attract couples in and around NOTL. It's a wonderful opportunity to meet with old and create new friends. Dances are held October through April including 2 formal balls where black tie is optional. We have live bands playing music from the 50's to 80's. Dinners are delicious and affordable and bar costs are very reasonable. For more information please call Pat or Russ Milland at 289-362-3420, or email us at niagarasupperclub@gmail.com or visit our website at www.niagarasupperclub.com

PARKS CANADA
NIAGARA NATIONAL HISTORIC SITES

National Historic Sites is responsible for the protection and presentation of numerous historic sites in the Niagara Region including Fort George, Navy Hall, Brock's Monument, Fort Mississauga, Butler's Barracks, and the Commons. For information on programmes at Fort George, special events, the fife and drum corps, volunteer opportunities and history in general contact 905-468-4257, visitor centre 905-468-6614, fax 905-468-6619, email: ont-niagara@pc.gc.ca

QUEENSTON COMMUNITY LIBRARY
32 QUEENSTON STREET

Come and enjoy coffee with us at the Library in the Old Baptist Church every Tuesday 1:00 PM to 4:00 PM Browse through our collection of fiction, facts and fancy and pick up your reading for the week. For information call 905-262-5173 during library hours.

Niagara Region

Commonly Called Numbers

Career Opportunities

myHR Employee Service Centre: 905-685-6947

Freedom of Information

Freedom of Information Coordinator: 905-685-4225 ext. 3741

Information and Privacy Analyst: 905-685-4225 ext. 3273

- Municipal Freedom of Information and Protection of Privacy Act and Personal Health Information Protection Act requests

Niagara Specialized Transit

905-680-2052 or 1-866-487-7765 ext. 231 or 244
Teletypewriter for hearing impaired (TTY): 905-984-3613 or 1-866-913-3444

Waste Management

Info-Line: 905-356-4141 or 1-800-594-5542

- information on garbage, Blue/Grey Box recycling, Green Bin, leaf and yard waste, landfills, household hazardous waste, environment days

Water and Wastewater

Info-Line: 905-984-3624

- disposal of RV septic waste, industrial sewer use, sewage hauler questions, plant and pump station complaints (noise or odour), water taste or odour concerns, plant tours, spills to sewers

Development Services

905-685-4225 or 1-800-263-7215 ext. 3371

- Regional Policy Plan amendment applications, connections to Regional services, private sewage system permits

Transportation Services

24-Hour Dispatch 905-984-3690 or 1-877-552-5579

- report problems with all traffic signals
- on Regional roads, report issues with traffic signs, roads, catch basins, dead animal removal, graffiti on Regional property
- report tree limbs down, fallen trees across the road or sidewalk, and general tree maintenance

Provincial Offences Court

St. Catharines: 905-687-6590 or 1-866-278-8303

Niagara Falls: 905-371-8988 or 1-866-278-8303

Welland: 905-734-6387
Collections Office: 1-800-756-9477

Fort Erie: 1-866-278-8303

Public Health

Thorold (Main Office): 905-688-3762 or 1-800-263-7248

Niagara Falls Satellite: 905-356-1538

Welland Satellite: 905-735-5697

Fort Erie Satellite: 905-871-6513

Confidential Health Information - The Health Connection Line: 905-688-8248 or 1-888-505-6074

Dental Health Line: ext. 7399
- dental programs and services

Immunization Reporting: ext. 7459
- for reporting child's immunization(s)

Parent Talk Info Line: ext. 7555
- information on pregnancy, parenting, breastfeeding, post- partum depression, car seat safety and classes, and Ontario Early Years Centres

Tobacco Hotline: ext. 7393
- health risks; ways to quit; laws

Travel Health Niagara: ext. 7383
- Travel safety and Health Clinic info

St. Catharines Sexual Health Centre: 905-688-3817 or 1-800-263-5757

Niagara Falls Sexual Health Centre: 905-358-3636

Welland Sexual Health Centre: 905-734-1014

Fort Erie Sexual Health Centre: 905-871-5320

Children's Services

St. Catharines Regional Child Care Centre: 905-684-9927

Welland Regional Child Care Centre: 905-735-2665

Port Colborne Regional Child Care Centre: 905-835-2394

Branscombe Early Learning & Family Centre, Niagara Falls: 905-356-7677

Fort Erie Regional Child Care Centre: 905-871-7706

Licensed Regional Home Child Care: 905-984-6900 or 1-800-263-7215 ext. 3894

Child Care and Special Needs: 905-984-3750 or 1-800-263-7215 ext. 3897

- information on eligibility for financial supports and services

Recreation/Cultural Activities: (ProKids) 905-984-3750 or 1-800-263-7215 ext. 3897

Social Assistance

General Application/Inquiries: 905-641-9230 or 1-866-627-1110

St. Catharines: 905-641-9960

Niagara Falls/Fort Erie: 905-354-3561

Welland/Port Colborne: 905-734-7975

Seniors Services

Seniors Community Programs: 905-984-2621

- information on services for seniors living in the community (adult day service, client intervention and assistance, supportive housing, respite services, caregiver education)

Long-Term Care Homes: 905-984-6900 ext. 3806

- information on long-term care homes operated by Niagara Region

Community Care Access Centre (CCAC): 905-684-9441

- information on admission to long- term care homes

Other Inquiries

Niagara Region Information: 905-685-1571 or 1-800-263-7215 or email: info@niagararegion.ca
After Hours: 905-984-3690 or 1-877-552-5579
Teletypewriter for hearing impaired (TTY): 905-984-3613 or 1-866-913-3444

Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

January 2011

www.niagararegion.ca

St. Mark's Annual Cherry Festival

RIVERBRINK ART MUSEUM
116 QUEENSTON STREET, QUEENSTON

Located in the village of Queenston, RiverBrink Art Museum is home to a unique collection of historic Canadian and International paintings, drawings, prints, sculpture, books and decorative art assembled by Samuel E. Weir, Q.C. (1898-1981). Displays change annually to include different works from the collection, as well as recent acquisitions and loans. Visit our new gift shop and picnic on our grounds overlooking the Niagara River and Lewiston NY.

2011 exhibitions: Off the Wall: Art Treasures from Niagara Collections, Sam's Ladies, French 19th Century Prints, Niagara, Canadian Portraits, Marc-Aurele de Foy Suzor-Côté.

On the Parkway, midway between Niagara Falls and NOTL, RiverBrink Art Museum is open from Victoria Day weekend to Canadian Thanksgiving. Hours: 10 am – 5 pm daily. Admission: Adults $5.00, Seniors and Students $4.00, under 12 free. For information: www.riverbrink.org or 905-262-4510.

ROYAL CANADIAN LEGION
BRANCH 124 AT 410 KING STREET

The Legion is Canada's largest veterans and community organization. Our members receive a benefit package that continues to grow. Our lounge is open 6 days a week and our facility can be rented. Our weekly fish fry is served every Thursday between 4:30 pm to 7:30 pm. For any further information please contact us at 905-468-2353 or email us at legion124@gmail.com. Join us July 1st at 1:00 pm to 7:00 pm for our Canada Day celebration on our legion grounds. Jan to Dec Weekly Thursday Fish Fry - 4:30 pm to 7:30 pm.

ST. ANDREWS SOCIETY OF NIAGARA

Richard Cartwright, a member of the Legislative Council of the new province of Upper Canada in 1792, wrote from Newark that "the Scots are pretty numerous here: and they had a St. Andrew's Society before 1817. It was revived in 1963, using the ancient name for Scotland, Albainn, changed to the present name in 2007. The Society's aim is to foster appreciation of the Scottish contribution to Canadian culture and its events are open to all, a Pub Night (Ceildh) in October, a Ball in November , a New Yea's (Hogmanay) Party, and a dinner in January to honour the memory of the great poet, Robert Burns. Contact: Neil Middleton 905-468-0802

ST. MARK'S ANNUAL CHERRY FESTIVAL

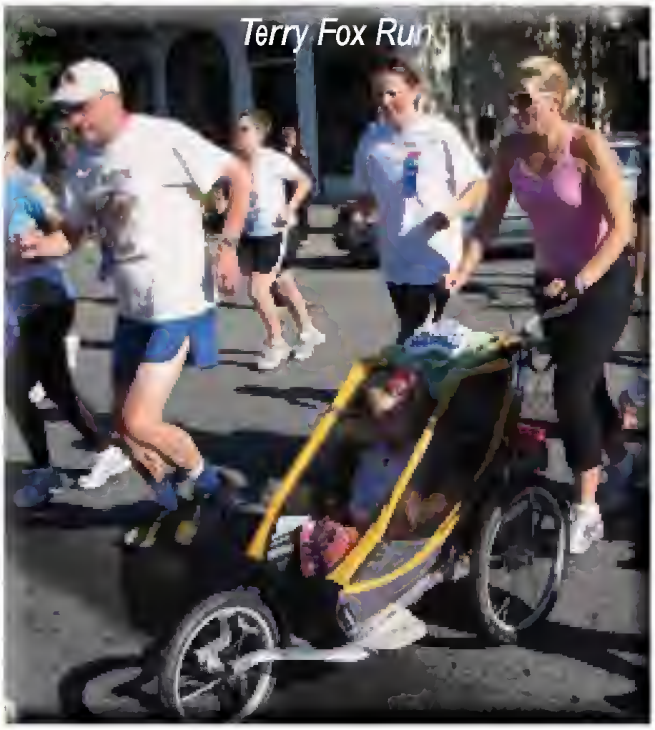
Come out and enjoy a great family day at St. Mark's Annual Cherry Festival SATURDAY, JULY 9, 2011 9AM - 3PM. We have cherry pies, cherry floats, cherry jam, fresh cherries, lunch at the BBQ Pit ~ shop at the various booths ~ jewelry, baking, books, garage sale, Sunday best resale clothing boutique, the treasure room, children's corner, and a fabulous silent auction.

SCOTCH TASTING SINGLE MALT

The International Order of the Companions of the Quaich, Niagara on the Lake Chapter is held at the Old Winery Restaurant five times a year. A three course sit down dinner plus three single malt scotches not readily available from the LCBO is served for $70.00 per non-Quaich member including gratuities and taxes.
Reservations are a must. Contact Neil Middleton 905-468-0802 or email nmiddleton@cogeco.ca
Kilts are encouraged, but not mandatory.

TERRY FOX RUN

The Terry Fox Run is on Sunday Sept.18 in Simcoe park from 10:00 AM. A barbecue and entertainment will follow in the park. For information contact Joan King 905-262-5898 or Yvonne Grecco 905-468-3055.



The Shaw Guild

THE SHAW GUILD

Over four hundred Shaw Guild members support the Shaw Festival through their volunteer efforts. These men and women offer their time, their expertise and their talents to help the theatre in various ways; for example, they greet patrons at all three theatres, help with the Festival Theatre gardens, and assist Shaw personnel with the Festival's out-reach programs. In addition, members enjoy many exclusive educational and social events, organized in co-operation with The Shaw Festival. New members are always welcome. For membership information, and details on our activities, pick up a brochure at the NOTL Library, or visit the Shaw Guild's website at www.shawguild.ca

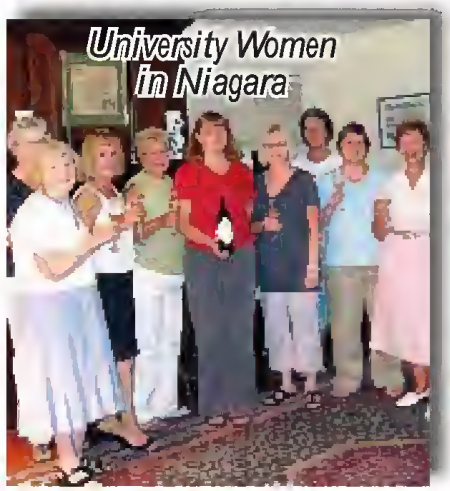
ULYSSEAN SOCIETY NOTL CHAPTER

The Ulyssean Society provides men and women with opportunities to participate in stimulating cultural and educational programs through Interest Groups meeting in the community. These special Interest Activities include a weekly Spanish Conversation Group, a weekly French Conversation Group, a Creative Discussion Group meeting twice a month with new topics each time, (and a soon-to-be-formed German Conversation Group). New Interest Groups will be formed according to suggestions and interest.

The Ulyssean concept is creative life-long learning at any age and consists of programs directed towards "continuing growth in our powers to produce, to learn and to create". The Society is dedicated to providing a climate of participation and creativity for all adults, thus enabling them to enjoy living creative and satisfying lives by advancing their thinking processes. To learn more about the Interest Groups and the Ulyssean Society phone Gail Nagley at 905-468-5751 or Margaret Ferguson at 905-934-3860.

UNIVERSITY WOMEN IN NIAGARA

The membership of this group consists of women having a professional designation, certificate, license or other post-secondary qualification, as well as women who have a college diploma or university degree. It is a non-profit organization, independent of the Canadian Federation of University Women. UWIN meets the first Wednesday of the month at Addison Hall. Our meetings begin at 7:00 p.m. with time to socialize. UWIN's focus is to offer members socially and intellectually stimulating presentations on a variety of timely topics. Notices about our meetings are published in the Niagara Advance and the Town Crier. New members and guests are always welcome. For further information contact Ruth Boulton at 905-468-3765.



VIRGIL SCHOOL FAREWELL OPEN HOUSE

Virgil Public School will be holding a Farewell Open House from 7-9 PM on Friday April 29 and from 1-4 PM on Saturday April 30 at Virgil Public School. This will be the last opportunity for past students, staff and the community to tour this historic building. There will be 'decade' rooms for old classmates to reconnect and remember the good old days.

The School is looking for any old Virgil photos & memorabilia to display during the open house. If you have any photos that we could use or items for our decade rooms, please contact the Virgil Farewell committee at virgilfarewell@hotmail.com.

VIRGIL WOMEN'S INSTITUTE

The Virgil Women's Institute is a Branch of the Federated Women's Institute (FWIO). We are part of a world wide membership with over 9 million members and recognized by the United Nations as the largest organization for and about women. Our motto is "For Home and Country" and our manifest is "Personal Growth Through Education and Community Action". The FWIO was formed on February 17 1897 with the Virgil branch being founded in 1916. We meet in various members homes on the third Tuesday afternoon of the month. We learn about our community, support scholarships and all kinds of school programmes, donate books to all local libraries, keep histories of the areas we live in, help to build sporting facilities as needed, press all levels of government for good fair laws, have interesting speakers each month, advocated for women's and people's issues locally, anywhere within Canada and around the world, learn new skills and are active participants in our community. We interact with other groups and

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Service Hours: 7am - 10:30pm
Email: niagarapetnanny@yahoo.ca
Website: www.niagarapetnanny.com

branches to form many lasting friendships with people of all ages. Through fundraising activities, such as winter Euchre parties, we are able to continue our work here. We welcome all women to come out and learn more about us and to take part in the fun and friendship of being part of our organization. For information call Lena Byl 905-682-5979

WILLOWBANK HERITAGE ESTATE SCHOOL OF RESTORATION ARTS

National Historic Site. School of Restoration Arts at Willowbank, a rare and beautiful 19th century estate is the setting for an innovative educational and training program in heritage conservation. The two come together in a living, learning and working environment that celebrates the preservation of our cultural and historical legacy. The School's full-time program involves students and 50+ faculty members, and its educational outreach extends far into the community through its lecture series and conferences. The first Sunday in June Willowbank will host the 9th annual Jazz Festival. It is a yearly highlight when the house and grounds come to life, celebrating Willowbank's history as a signature estate in the social life of the Niagara area. Willowbank has many opportunities for individuals to get involved in its rich and varied activities. Volunteers help plan and organize events, participate in site activities such as its Lecture Series and tours, general office support, projects in the workshop facility and its school library. We work with each volunteer to develop opportunities related to each person's interest and talents. If you are interested in getting involved at Willowbank contact: Carol Perrin at 905-262-1239 x 21 or carol.perrin@willowbank.ca. To learn more about volunteering opportunities, Friends of Willowbank membership, Lecture Series or Willowbank's academic programs visit: www.willowbank.ca Contact Info: 14487 Niagara Parkway, P.O. Box 212, Queenston. 905-262-1239,
email: willowbank@willowbank.ca

NIAGARA-ON-THE-LAKE COMMUNITY POLICING

In an effort to make Niagara-on-the-Lake, a better, safer community in which to live, the Niagara-on-the-Lake Community Policing Committee provides a formal structure for liaison between citizens, businesses, town council and police to reduce crime, educate the public and promote safety. Members represent the Niagara Regional Police, Niagara Parks Police, a Town Councillor, a rep from the Parks & Recreation Department and ten citizens representing each of Queenston, Glendale, Virgil, Niagara-on-the-lake and St. Davids. Meetings are held on the third Monday of the month, except July and August at the Virgil Arena at 4:30 PM. The public is welcome to attend. Presently, the committee organizes a bike safety rodeo in May for offshore and migrant farm workers, a drug awareness program for elementary schools, a youth program for children ages 10-15 through the Boys and Girls Club at Parliament Oak School, Neighborhood Watch Programs, and a 911 Day involving all emergency services at Oaks Park in Niagara Falls in June. We are presently working on a plan to reduce vandalism in the Virgil Dam area as well as a graffiti awareness program. Any suggestions, comments or concerns, not of an emergency nature, may be directed to the chair, presently Bill Dickson, by telephoning the Community Policing Committee at 905-688-4111 ext. 2262. We will contact you only if you provide us with a means of contact. However, if it is an emergency or urgent matter please contact the 2 District Administrative & Community Services at Niagara Regional Police 905-688-4111 ext. 2228 or dial 911.

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Niagara Falls/Niagara-on-the-Lake 905-353-9590
Fort Erie 905-871-9991

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242 Mary Street, 2nd Floor, NOTL • Phone 905.468.0046
204 St. George St., Suite 207, Toronto • Phone 647.388.9479
www.lindaattoe.com

Community Contacts

Air Cadets	905-468-0808	Will Wilson
Alcoholics Anonymous Lake Group	905-682-2140	
Amnesty International	905-468-0481	Martha Cisneros
Carpet Bowling	905-468-3904	Gerry Rive
Chautauqua Residents Association	905-468-2669	Buddy Andres
Community Policing	905-688-4111	ext. 2228
Community Support Services	905-682-3800	
Figure Skating Club	905-468-7465	
	or 905-934-6647	Cathy van der Zalm
Friends of Fort George	905-468-7681	Erika Alexander
Friends of One Mile Creek	murray@murraynicholas.com	Murray Friesen
Friends of Willowbank	905-468-4777	Liz Ikonikov

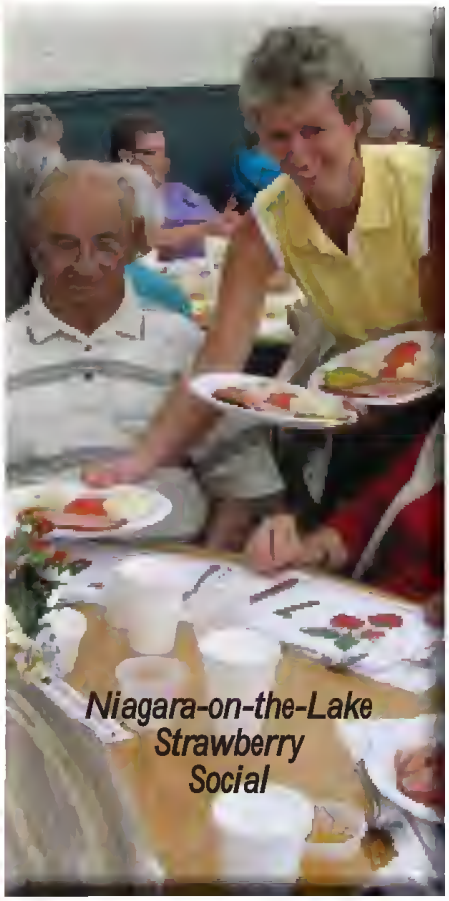
THE RED COATS ARE COMING!

The 200th ANNIVERSARY OF
THE WAR OF 1812 IS COMING SOON!

Be a witness to history. Get involved. Many events planned.
Join us in commemorating the War that shaped Canada.
In Niagara-on-the-Lake ~ where it all happened.
Log on to:

www.1812niagaraonthelake.ca

for more exciting details and events.



Niagara-on-the-Lake Strawberry Social

Girl Guides	1-800-565-8111	
Hockey, Minor	905-468-1908	Krista Rawsthorne
Hockey, Niagara League	905-646-1463	Paul Van Noort
NOTL Horticultural Society	905-468-2325	Shirley Madsen
Kinsmen Club, N.O.T.L.	905-262-4008	Ed Froese
Lacrosse, Minor	1-716-297-2830	Dawn Phillips
Legion, Royal Canadian	905-468-2353	Office
Lioness, St. Davids & District	905-262-4341	Sandy Tee
Lions Club, Niagara	905-682-3005	John Skubel
Lions Club, St. Davids & District	905-468-9671	Al Snider
Meals on Wheels	905-356-9194	
Multiple Sclerosis Society of Canada	905-937-7772	
Music Niagara	905-468-5566	Atis Bankas
Newcomers Club of N.O.T.L	905-468-3605	Marlene Walther
Newark Neighbours	905-468-3519	
NOTL Bed & Breakfast Association	905-468-0992	Kathy Fowler
N.O.T.L. Hospital Auxiliary	905-468-8531	
Niagara Historical Society Museum	905468-3912	Sarah Maloney
Niagara District Airport	905-684-7447	ext 11 Ken Moody
Niagara Nursery School	905-468-5357	
Niagara Pumphouse Visual Art Centre	905-468-5455	
Niagara Artists Studio Tour	905-468-5455	
Niagara Supper Club	905-468-1081	Eric Forsyth
Palliative Care Services	905-468-4433	
Printery Museum	905-262-5676	
Rotary Club, N.O.T.L.	905-262-0582	Franco Olivieri
Rotary Club, Niagara-on-the-Lake/Lewiston	905-468-7452	John Shaver
Royal Canadian Legion Branch 124	905-468-2353	Al Howse
Saint Saviours ACW	905-984-4291	Susan Bennett
Seniors, Golden Age Club	905-468-3171	Lois Cranston
Seniors, St. Davids/Queenston	905-262-4696	Ernie Goodyear
Shaw Festival Theatre	905-468-2153	Administration
Shaw Theatre Guild	905- 468-0088	
Slo-Pitch Adult	905-680-4544	Ken McKay
Soccer, Minor	905-262-1777	
Softball, Minor	289-686-5404	Office
St. Andrews Society of Niagara	905-468-5247	Cliff James
St. Davids Scouting	905-329-1706	Thomas Keppy
Taoist Tai Chi	905-468-1223	Bea Smith
Ulyssean Society	905-934-3860	Margaret Ferguson
University Women's Institute of Niagara	905-468-3765	Ruth Boulton
Virgil Business Association	905-468-7020	Mary Snider
Virgil Womens Institute	905-682-5979	Lena Byl
Willowbank	905-262-1239	Carol Perrin

YOUR TRANSPORTATION LINK BETWEEN
NIAGARA-ON-THE-LAKE AND ST. CATHARINES

First Student Canada offers a shuttle service from Niagara-on-the-Lake to St. Catharines on Tuesdays, Thursdays, & Saturdays year round.
The bus travels to the Fairview Mall, Downtown St. Catharines and the Pen Centre.
For pick up & drop off locations and time, contact 905-688-9600.

Dates to Remember

Sat Feb 19	Minor Softball, Lacrosse, Soccer Registration, 9:00am – 1:00pm Arena
Sat Mar 5	NOTL Home Show at NDSS 905-468-7793
Sat Mar 26	Jr. Tennis Registration 10am-1 pm, Virgil Arena
Mar 3 - May 12	1812 Lectures at the Museum
Mar - Sept	NOTL Historical Society Lecture Series
Sat Mar 12- Tues Mar 15	Minor Hockey Tournament
Sat Apr 16	Pleasant Manor Spring Bake Sale - 10:00am – 11:30am
Sun Apr 17	Automotive Flea Market, M.C.U. and Centennial Arenas
Sat Apr 23	Niagara Nursery School Spring Fair, New Comm. Centre
Fri Apr 29 & Sat Apr 30	Virgil School Farewell Open House
Sat Apr 30	Lawn Bowling Opening Day - 2pm
May and June	Fort George Ghost Tours, Sundays only 7:30pm
May to Sept	Brock's Monument Open Daily 10:00am - 4:30pm
Sat May 7	Niagara United Mennonite Church Springfest
Mon May 16	Fashion Show Fundraiser Upper Canada Lodge
Thurs May 19 – Sat May 21	Quilts of Niagara 905-562-4859 Nina
Sat May 21	Thanksgiving Farmers' Market 8:00am – 1:00pm
Sat May 21 & Mon. May 23	Virgil Stampede
Sat May 28	Swimming Lesson Registration, Arena 9:00am – 11:00am
June – August	Niagara Historical Society Walking Tours
Wed June 1	Canadian Cancer Society Golf for a Cure

Sat June 4.....Janet Carnochan Day, free admission to the Museum
Sun June 5 .....9th Annual Jazz Festival, Willowbank
Sat June 11.....Shaw Guild Garden Tour
Wed June 15 .....Upper Canada Lodge Tea Party Fundraiser
Fri June 17 – Sun June 19 .....Bronze Medallion/Cross/First Aid Course
& Fri June 24 – Sun June 26
Sun June 19 .....Niagara Pool (Preseason) Pool Opens – Limited Hours
Sat June 18.....St. Andrew's Church Annual Strawberry Festival
July and Aug .....Fort George Ghost Tours - 8:30pm, call for details
Fri July 1 .....Niagara & St. Davids Pool open for season – regular hours
Fri July 1 .....Canada Day Celebrations, Simcoe Park and Fort George
Fri July 1 .....Canada Day Celebration - Royal Canadian Legion
Grounds 1:00pm to 7:00pm
Fri July 1 – Sun July 3.....Artistry by the Lake – Queen's Royal Park
Sat July 9.....Hort. Society Garden Tour Shirley Madsen 905-468-2325
Sat July 16 & Sun July 17.....1812 Reenactment Weekend at Fort George
Sat July 9.....St. Mark's Cherry Festival 9 AM – 3 PM
Fri July 1 .....Canada Day Celebrations, Simcoe Park/Fort George
Sat July 9.....St. Marks Cherry Festival
Sat July 9.....Horticultural Society 20th Annual Garden Tour
Sat July 16 – Sat Aug 13 .....Music Niagara
Sat July 16 & Sun July 17.....The Battle of Fort George
July 16 - August 13.....Music Niagara Concert Series
Thurs July 21 - Sat July 23 .....St. Davids & District Lions Family Carnival
Sat Aug 13 .....Peach Celebrations
Sat Aug 13 – Sun. Aug. 14.....Fife & Drum Muster and Soldiers' Field Day, Fort George
Sun Aug 14 .....13th Annual Kinsmen Car Show
Sat Sept 3.....Festival Market at Grace United Church
Thurs Oct. 6 .....13th Annual Golf Classic, Whirlpool Golf Course
Oct 8 .....Closing Day Festivities at the Farmers' Market
Oct 14-31 .....Hallowe'en Ghost Tours at Fort George, call for details
Fri Dec 2.....Candlelight Stroll
Sat Dec 10 .....Christmas Parade

St. Vincent de Paul Peach Festival

St. Andrews Strawberry Festival

BAHA'I COMMUNITY OF NOTL
166 Queen Street,
Mrs. Tonie Mori / Ms. Gaye Impey
P.O. Box 1155, Niagara-on-the-Lake
L0S 1J0 905-468-2613
Email: notlbahais@sympatico.ca
Website: www.ca.bahai.org
Devotional Gatherings Saturdays 10 – 11:30 am.

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572 East West Line at Creek Road, NOTL
Traditional Worship Service: 9:30 a.m.
Celebration Service: 11:00 a.m.
Associate Pastor: Marty Misener
Phone: 905-468-3505
E-mail: bethany@vaxxine.com
Website: www.vaxxine.com/bethany

CHRIST CHURCH, MCNAB
1294 McNab Rd, RR#5, NOTL
Eucharist, Office 905-684-0005
Rev. Dorothy Hewlett

CORNERSTONE COMMUNITY CHURCH
Hwy. 55 at Field Road; Virgil
Phone: 905-468-7155; Fax: 905-468-7532
Kevin Bayne, Pastor
Doug Hiebert, Pastor
Email: admin@ccchurch.ca
Website: www.ccchurch.ca

FIRST PRESBYTERIAN CHURCH
ST. DAVIDS
1444 York Road, St Davids
Worship Service,
Sunday School 9:30 AM
Rev. Paul Shobridge, 905-262-5227
email: pshobridge@cogeco.ca

GRACE UNITED CHURCH
222 Victoria Street, NOTL
Sunday Service: 10:30 a.m.
(includes children's program)
Rev. David Pritchard
Phone: 905-468-4044
Minister's E-mail: revdave@graceunitedchurch.com
Church E-mail: mail@graceunitedchurch.com
Website: www.graceunitedchurch.com

LIFE ABUNDANT FELLOWSHIP
Sunday 10:30 AM; Pastor Rick Mills
Concession 7 & Queenston Road.
Phone: Church: 905-688-3958;
Cell: 905 321-2992
lifeabundantfellowship@gmail.com
pastorrickmills@gmail.com

NIAGARA CHRISTIAN ASSEMBLY
(Pentecostal Assemblies of Canada) meets at the former Niagara District Secondary School
1875 Niagara Stone Road (Hwy 55)
Sunday Worship Service 10:30 AM
Pastor Dave Tunikaitis Phone 905-468-8971
web site: www.ncachurch.net

NIAGARA UNITED MENNONITE CHURCH
Hwy. 55 near East/West Line, NOTL
For worship times, Sunday School & other events, please refer to our website:
www.redbrickchurch.ca
Rudy Dirks, Pastor
905-468 3313, E-mail: office@redbrickchurch.ca

ORCHARD PARK BIBLE CHURCH
434 Hunter Road off Hwy.55, NOTL
KidZone: 9:30 am Worship Service 10:45 a.m.
July & August Services: 10:00 a.m.
Jim Evans, Pastor. Kevin Weeks, Family Life Pastor
Phone: 905-468-5731
E-mail: info@orchardparkbiblechurch.org
Website: www.orchardparkbiblechurch.org

ST. ANDREW'S PRESBYTERIAN CHURCH
323 Simcoe Street, Box 441, NOTL
Service: 11:00 a.m.
Sunday school runs during worship service
(Nursery available)
Minister: Rev. Barb McGale
Phone: 905-468-3363
e-mail: www.standrewspresbyterianchurc@bellnet.ca

ST. DAVIDS-QUEENSTON
UNITED CHURCH
1453 York Road, St. Davids
Rev. Paul James
Worship Service: Sunday mornings at 10:30 a.m.
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ST. GEORGE'S CHURCH HOMER
163 Queenston Rd. RR#4 9:30 AM Eucharist;
Office 905-684-0005; Rev. Dorothy Hewlett

ST. MARK'S ANGLICAN
41 Byron Street, NOTL
Service times ~ Sundays 8:30am & 10:30am
Wednesday ~ 10:00am
Summer services July & August one service 10am

THE BROCK MEMORIAL CHURCH ST.
SAVIOUR'S ANGLICAN
12 Princess St., Queenston

ST. VINCENT de PAUL
ROMAN CATHOLIC PARISH,
73 Picton Street NOTL (across from the hospital).
905-468-7272; Fax 905-468-1383

TRINITY LUTHERAN CHURCH
2027 Niagara Stone Road,
P.O. Box 1901, NOTL • 905-468-2611

VILLAGE BIBLE CHURCH
Meeting at St. Davids Public School, York Rd.,
St. Davids
Pastor Greg Alderton
Worship Service: 11:00 a.m.
Sunday School: 11:30 a.m. Nursery provided
Phone: 289-296-9036

Emergency, Fire, Police, Ambulance	911
Niagara Regional Police	905-688-4111
Niagara-on-the-Lake Hospital	905-468-4284
Ambulance Service	905-688-2191
Lord Mayor Dave Eke	905-468-3568
Regional Councillor Dave Lepp	905-468-2980
M.P.P. Kim Craitor	905-357-0681
M.P. Rob Nicholson	905-353-9590
Municipal Offices 8:30 AM to 4:30 PM	www.notl.org
Treasury, Clerks, Fire Chief, Planning & Building Depts.	905-468-3266
Works Department & Water Department	905-468-3278
Recreation Department & Arenas	905-468-4261
Niagara Lake Shore Cemetery	905-468-2747
Alzheimer Society	905-687-6856
Cancer Society, Region	905-684-6455
Cancer Society, NOTL	905-468-7320
Canine Control	905-658-8712
Chamber of Commerce	905-468-4263
Catholic Education Centre	1-905-735-0240
CNIB (Canadian National Institute for the Blind)	1-800-563-2642
District School Board of Niagara	905-641-1550
Family & Children's Services (FACS)	905-937-7731
Foster Parenting	905-937-5437
Heart Niagara	905-358-5552
Lincoln County Humane Society	905-682-0767
Swimming Pool - Niagara Pool	905-468-2804
Swimming Pool - St. Davids Pool	905-262-5120
Niagara District Airport	905-684-7447
Niagara-on-the-Lake Hydro	905-468-4235
Niagara-on-the-Lake Public Library	905-468-2023
Niagara Regional Health Unit	905-688-3762
Niagara Regional Government	905-685-1571
Osteoporosis Society - Niagara Chapter	905-227-9646
Poison Control Centre	905-684-7271
Pump house Visual Art Centre	905-468-5455
Queenston Library (Tuesdays only)	905-262-5173
Seniors Community Programs	1-877-212-3922
Suicide Prevention	905-688-3711

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Dr. Daniela Matijevic
Dr. Sara Chirico
Joe Della Marina
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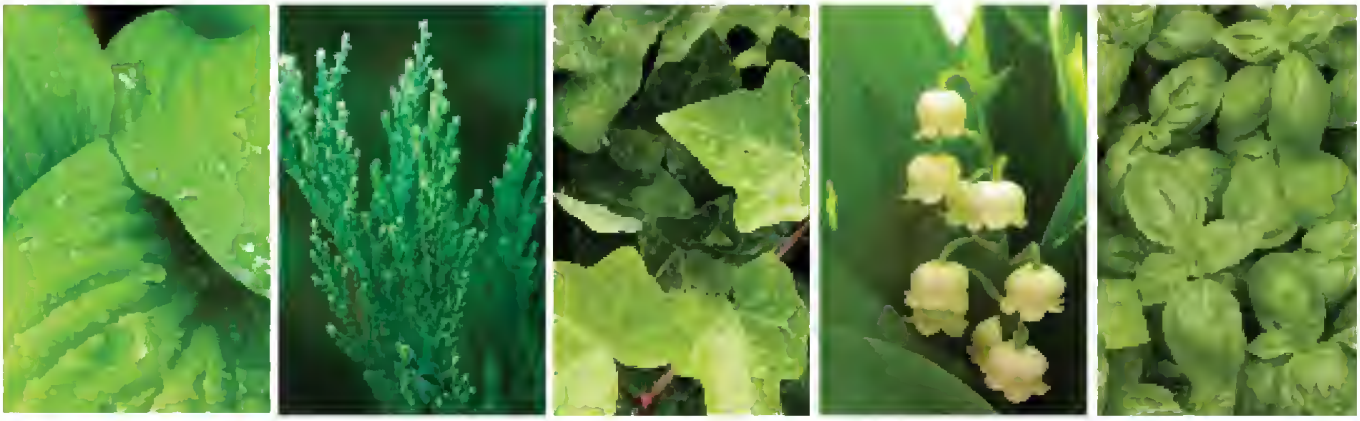

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